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18th FEPSAC European Congress of Sport and Exercise Psychology

IDeAS in sport psychology:
from health to performance



July 13-17 2026, Timișoara

FEPSAC Congress 2026 Preliminary Programme Book

13-17 July 2026 · Timisoara, Romania

**IDeAS in sport psychology:
from health to performance**

Partners

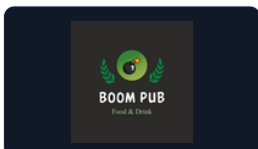
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Programme at a Glance

Monday, 13 July 2026	Tuesday, 14 July 2026	Wednesday, 15 July 2026	Thursday, 16 July 2026	Friday, 17 July 2026
<p>08:30 - 19:00 Participant Registration West University of Timisoara 09:00 - 12:00 Pre-Congress Workshops West University of Timisoara 12:00 - 14:00 Pre-Congress Workshops West University of Timisoara 14:00 - 15:30 Parallel Sessions West University of Timisoara 15:30 - 17:00 Parallel Sessions West University of Timisoara 17:00 - 17:30 Break</p> <p>17:30 - 18:00 Opening Ceremony CRAFT 18:00 - 19:00 Keynote Presentation: Paul Wylleman CRAFT 19:00 - 19:05 FEPSAC 2026 Group Photo CRAFT 19:05 - 22:00 Welcome Reception CRAFT</p>	<p>08:30 - 19:00 Participant Registration West University of Timisoara 09:00 - 10:30 Parallel Sessions West University of Timisoara 10:30 - 11:30 Coffee Break and Poster Session 1 West University of Timisoara 11:30 - 13:00 Parallel Sessions West University of Timisoara 13:00 - 14:30 Lunch Break 14:45 - 16:15 Parallel Sessions West University of Timisoara 16:30 - 17:00 Coffee Break Convention Center 17:00 - 18:00 Keynote Presentation: Jean Fournier Convention Center 18:30 - 20:00 Round Table Convention Center 20:00 - 21:00 Science Slam Convention Center</p>	<p>08:30 - 18:00 Participant Registration West University of Timisoara 09:00 - 10:30 Parallel Sessions West University of Timisoara 10:30 - 11:30 Coffee Break and Poster Session 2 West University of Timisoara 11:30 - 13:00 Parallel Sessions West University of Timisoara 13:00 - 14:30 Lunch Break 14:45 - 16:15 Parallel Sessions West University of Timisoara 16:30 - 17:00 Coffee Break Convention Center 17:00 - 18:00 Keynote Presentation: Rita Cordovil Convention Center 18:00 - 19:30 FEPSAC General Assembly and FEPSAC Elections Convention Center 20:00 - 23:00 VIP Party (invited only) TBD</p>	<p>09:00 - 10:00 Keynote Presentation: Andrea Petroczi Convention Center 10:00 - 11:00 Coffee Break and Poster Session 3 West University of Timisoara 11:00 - 12:15 Parallel Sessions West University of Timisoara 12:15 - 13:30 Parallel Sessions West University of Timisoara 13:45 - 15:15 Lunch Break 15:30 - 16:30 Keynote Presentation: Caroline Bolling Convention Center 16:30 - 19:30 Social Program</p>	<p>09:00 - 10:30 Parallel Sessions West University of Timisoara 10:30 - 11:30 Coffee Break and Poster Session 4 West University of Timisoara 11:30 - 13:00 Parallel Sessions West University of Timisoara 13:00 - 14:30 Lunch Break 14:45 - 16:15 Parallel Sessions West University of Timisoara 16:30 - 17:00 Coffee Break Convention Center 17:00 - 18:00 Keynote Presentation: Sophia Jowett Convention Center 18:00 - 19:00 Closing Ceremony Convention Center 20:00+ Conference Dinner / Party Congress Hall</p>

■ Parallel Sessions
 ■ Pre-Congress Workshops
 ■ Poster Sessions
 ■ Keynotes
 ■ Round Table
 ■ Ceremonies / Social Events

Keynotes

Keynote Presentation

Paul Wylleman

Monday, 13 July 2026 · 18:00 - 19:00 · CRAFT

Keynote Presentation

Jean Fournier

Tuesday, 14 July 2026 · 17:00 - 18:00 · Convention Center

Keynote Presentation

Rita Cordovil

Wednesday, 15 July 2026 · 17:00 - 18:00 · Convention Center

Keynote Presentation

Andrea Petroczi

Thursday, 16 July 2026 · 09:00 - 10:00 · Convention Center

Keynote Presentation

Caroline Bolling

Thursday, 16 July 2026 · 15:30 - 16:30 · Convention Center

Keynote Presentation

Sophia Jowett

Friday, 17 July 2026 · 17:00 - 18:00 · Convention Center

Monday, 13 July 2026

08:30 - 19:00	Participant Registration	West University of Timisoara
09:00 - 12:00	Pre-Congress Workshops	West University of Timisoara
12:00 - 14:00	Pre-Congress Workshops	West University of Timisoara
14:00 - 15:30	Parallel Sessions	West University of Timisoara
15:30 - 17:00	Parallel Sessions	West University of Timisoara
17:00 - 17:30	Break	
17:30 - 18:00	Opening Ceremony	CRAFT
18:00 - 19:00	Keynote Presentation: Paul Wylleman	CRAFT
19:00 - 19:05	FEPSAC 2026 Group Photo	CRAFT
19:05 - 22:00	Welcome Reception	CRAFT

09:00 - 12:00 Pre-Congress Workshops

Applying a New Framework Using Brainspotting and EMDR to Address Epigenetic, Developmental, and Recent Trauma in Performance Enhancement

Dr. Alessia Bruno

Using Heart Rate Variability in Sport & Exercise Psychology: Practical Insights for Recovery, Stress Regulation & Performance

Sylvain Laborde

09:00 - 11:00 Pre-Congress Workshops

The Body That Speaks: Posturology as an Interface Between Movement, Emotion and Performance

Dr. Irina Gaiu and Dr. Diana Torje

Beyond Performance: Psychological First Aid, Safeguarding and Athlete Welfare in High-Performance Sport - Practical Tools for Sport Psychologists Working with Elite Athletes and Sport Organizations

Alina Gherghișan

12:00 - 14:00 Pre-Congress Workshops

From Consensus to Practice: Implementing IOC Mental Health Frameworks and Tools

Margo Mountjoy, MD, PhD

From Athlete Voice to System Change: Engineering Better Sport Through Advisory Leadership

Dr. Sasha Gollish

Using Athlete365 Resources in Applied Sport Psychology Practice

Scott Sloan, International Olympic Committee

14:00 - 15:30

Parallel Sessions

Symposium

History of FEPSAC and European Sport Psychology - Why is it Important?

Seiler Roland, Serpa Sidónio, Cei Alberto, Apitzsch Erwin

Symposium

Psychological and Affective Processes of Physical Effort

Öz İrem Tuğçe, Nogueira Lopez Abel, Bieleke Maik, Brevers Damien

Symposium

'Climbing Psychology': The Multidimensional Nature of Psychological Functioning in Sport Climbing

Ion Andrei, Ionel Maria Stefania, Iliescu Dragos, Visu-Petra Laura, Nemeti Fehér Zsófia, Wheatley Katherine, Runswick Oliver, Godfrey Emma, Tomaselli Valentina, Leo Irene

Workshop

Working with the Body in Performance: A Practical Introduction to Working with the Nervous-System and Somatic Performance Styles

Goldman Aura

Workshop

Sport and Non-sport Performance in Young People: A New Framework to Overcome Trauma and Develop a Resilient Mindset

Bruno Alessia

Workshop

From Role Strain to Resilience: Evidence-Based Strategies for Managing Coach Burnout

Dragomir Ioana Georgiana

Workshop

Playing to Perform: Applying Donald Winnicott's Psychoanalytic Concepts to Sport Psychology Practice

Blatt Asaf, Yablochnik Royi, Gershgoren Lael

Oral Presentations: Health, Youth

Consensus-Based Mental Health Guidelines for U.S. Youth Sport: A Multi-Phase Mixed-Methods Study

Whitley Meredith, Massey William, Özkoca Nazli, Arnold Jim

How Can Artificial Intelligence Advance What We Know About Sport Psychology? Insights From a Longitudinal Study of Young Athletes

Saarinen Milla, Phipps Daniel J., Gustafsson Henrik, Thue Bjørndal Christian

Implementing a Mental Health Monitoring System in a Youth Elite Football Academy

Calvet Jules, Le Coz Clément

The Relationship Between Sport Behaviour, Social Media Use, Body Image, and Mental Health in Adolescents

Veltmaat Annalena, Henning Lena, Dreiskämper Dennis

Psychological and Social Determinants of Anabolic Steroid Use Among Adolescent Girls and Young Women

Hamdi Faten

Oral Presentations: Elite sports and expertise

A Data-Driven Assessment of the PoST Framework for Training Classification in Team Sport

Green Sarah, Broadbent David, Kittel Aden, Teune Ben, Bruce Lyndell

Coaching under pressure in Australian high-performance sport: A qualitative study of coach mental performance

Fryer Richard, Mallett Cliff, Kirby James, Kashdan Todd

Mapping the Landscape of Emotions, Appraisals, and Psychological Experiences of Athletes When Navigating Challenges in Practice

Radowits Royden, Young Bradley W.

Experiences of Romantic Partners of Super-Elite Athletes

McLoughlin Ella, Mapstone Alexandra, Fletcher David

Oral Presentations: Social and cultural diversity (e.g. migration, ethnicity), Cultural sport psychology

Moving in Limbo: Evaluating a Co-Designed Exercise and Sport Intervention in a Greek Refugee Camp on Biopsychosocial Outcomes

Knappe Florian, Filippou Konstantinia, Hatzigeorgiadis Antonis, Morres Ioannis D., Gerber Markus

Participatory Evaluation of a Community Sport Program for Psychosocial Inclusion: A Methodological Framework From YouSport

Ferraboli Alessia, Greiner Anna, D'Angelo Chiara

Naturalistic Verbal and Non-Verbal Encouragement in Athletic Performance Assessments: A Mixed-Methods Study

van Meurs Edda, Nieto Maggie, Strauss Bernd, Harenberg Sebastian

Religio-Spiritual Experiences and Mental Preparation Plans in Sport Psychology Practice

Hagan John Elvis, Srem-Sai Medina, Schack Thomas

Are Sport-Specific Psychological Strengths Culturally Relational? Evidence from the Turkish Adaptation of the SSPSQ

Sahin Yekta, Balci Velittin

Oral Presentations: Violence

"Maybe This Must Be Endured If One Wants to Do Sports": Experiences of Sexual Harassment Among Sports Stakeholders

Nikander Aku

Experiences of Complaint Processes for Violence in Sport: Preliminary Findings from a Qualitative Study in Québec, Canada

Radziszewski Stephanie, Rheault Camille, Parent Sylvie, Montiel Corentin, Stirling Ashley, Gurgis Joseph, Gillard Allyson

Associations Between Interpersonal Violence and Mental Health: A Network Analysis

Laureys Felien, Hébert Martine, Parent Sylvie

The Relationship Between Athletic Identity and Beliefs That Normalize Interpersonal Violence in Sport

Hannus Aave, Mäoma Silver, Olde Margareth

Conducting Trauma-Informed Research on Violence in Sport: Methodological Reflections From a Qualitative Study

Rheault Camille, Radziszewski Stephanie, Montiel Corentin, Gillard Allyson, Gurgis Joseph, Stirling Ashley, Parent Sylvie

15:30 - 17:00

Parallel Sessions

Symposium

Individual Differences in Sport Psychology

Budnik-Przybylska Dagmara, Wilczyńska Dominika, Guillot Aymeric, Lundy Leo

Symposium

Rethinking and Refuting the Performance and Well-Being Relationship in Elite Sport

Simpson Richard Alastair Cameron, Gennings Ellie, Goldman Aura, Walsh Kate, Oblinger-Peters Violetta

Symposium

Train Hard, Recover Smart: Empirical Evidence on Athletes' Recovery

Zajonz Pia, Frytz Patricia, Werner Tabea, Di Pinto Gianluca

Workshop

THE MISSING LINK? Breathing, Attention, and ADHD-Relevant Cognitive Mechanisms

Gacs Gergő, Szilárd Zsuzsanna, Kolumbán Erika, Cserjési Renáta, Zsebi Soma

Workshop

Doing Mindfulness: Dharma Drills for Clarity, Flexibility, and Performance

Gerson Michael, Tomlinson Vicki, Hayden Julie, Biro Eszter, Eric Ballelos

Workshop

Welfare Officers at the Olympic Games: Same Badge, Yet Diverse Pathways and Realities

Bednáriková Michala, Stoljarova Snežana, Gherghisan Alina, Muller Frank, Kiens Kristel

Oral Presentations: Social psychology, Cultural sport psychology

Validating the Hungarian Sport Courage Scale and Examining Its Relationship With Mental Toughness and Anxiety

Kalkan Gökçe, Ehrlenspiel Felix, Konter Erku, Csányi Tamás

Individual and Team Performance Under Familiar and Unfamiliar Observation: A Mixed-Design Test of Social Facilitation and Loafing

Görgülü Recep, Yüksel Ensar Nihat, Öncü Mertkan

Labels and Self-Fulfilling Prophecies in Youth Sport: A Curious Case of Choking Under Pressure

Thrower Sam, Hamann Magnus, Stokoe Elizabeth, Harwood Chris

Winning at All Costs: Russian Female Tennis Players' Experiences of Parental Influence: An Interpretive Phenomenological Analysis

Kotiusheva Kseniia, Dohme Lea-Cathrin, Woods David, Sharp Lee-Ann

Checkmate at Home - Testing Explanations for Home Advantage in a Cognitive Sport

Brüggemann Leon, van Meurs Edda, Strauss Bernd

Oral Presentations: Group dynamics, , Leadership

Co-Facilitation in Group Leadership Training: A Qualitative Inquiry into Instructors' Reflexive Practice

Zach Sima, Ophir Miki

Shared Leadership and Commitment in Youth Team Sports: The Role of Psychological Safety

Jang Gilyoung

Authentic Leadership Predicts Athletes' Performance and Mental Well-being via Psychological Safety and Intra-team Moral Behaviour

Kavussanu Maria, Savko Teodors, Zhang Shuge, Hurst Philip

Work Together, Move Together—Cooperation and Rapport Promote Interpersonal Synchrony

Scheer Clara, Bowling Daniel L., Hungerländer Niklas A., Fitch Tecumseh, Horn Lisa

Oral Presentations: Well-being and quality of life

Health and Well-Being in Esports: A Cross-Cultural Survey Study

Leis Oliver, Ziegeldorf Alexandra, Wunsch Lara, Hottenrott Nina, Trotter Michael G., Sharpe Benjamin T., Scholz Tobias, Watson Matthew, Moriconi Marcelo, Barkoukis Vassilis

Hierarchical Model of Superior Performance (HMSP): Bringing Order to the Domains of IZOF, Momentum, and Flow

Morgulev Elia, Tenenbaum Gershon, Ben-Zaken Sigal

The Mediating Role of Self-Compassion Between Intuitive Eating and Social Physique Anxiety in Adult Athletes

Kurden Ayşe Yaren, Aşçı Hülya

Nonverbal Behavior and Emotions in the Context of Sports

Furley Philip

Proposing a Three-Dimensional Measure of Athlete Burnout: Symptom Applicability, Temporal Persistence, and Subjective Discomfort

Amemiya Rei, Hioki Mayuka

Oral Presentations: Physical activity, , Emotion

A Qualitative Study of University Students' Perspectives on Using Dance to Address Social Anxiety and Body Esteem

Du Min, Hancox Jennie, Hooper Oliver, Sandford Rachel

Exercising Under Stress: Latent Profiles of Training Adaptation and Pathways From Mindfulness to Exercise Motivation

Krymstova Maria, Pannicke Björn, Amesberger Günter, Finkenzeller Thomas, Würth Sabine

Observing Physical Activity Posts on Social Media: Based on the Theory of Planned Behavior with Body Image Similarity among Adults

Yang Kyoungjin

Does More Aerobic Activity Mean Better Emotion Regulation? Examining Behavioral Dimensions of Physical Activity

Engels Eliane, Mueller Maïke

Elucidating the Dynamic Interplay between Integral Affect and Affective Processing in the Context of Physical Activity Behaviour

Ruissen Geralyn

Oral Presentations: Sports injury, Prevention and rehabilitation

Pain Self-Management: Strategies Used by Elite Athletes and Their Short- and Long-Term Effects

Macquet Anne-Claire

"I've Not Been Knocked Out, So I'll Probably Be Fine:" Amateur Rugby Players Do Not Know the Risks They Are Taking

Walker Daniel, Qureshi Adam, Marchant David, Murray Rebecca, Bahrami Balani Alex

Longitudinal Changes in Brain-Muscle Communication From Pre- to Post-ACL Reconstruction

Jarvis Callum, Parr Johnny, Daniels Kat, Dos'Santos Thomas, Callaghan Michael

Courage in Soccer: Injury, Received Yellow and Red Cards

Konter Erkut, Şahinler Yunus

Athletes' Emotional Recovery Following Severe Sports Injury

Bullard Kendra, Coumbe-Lilley John, Hamstra-Wright Karrie, Shipherd Amber

Tuesday, 14 July 2026

08:30 - 19:00	Participant Registration	West University of Timisoara
09:00 - 10:30	Parallel Sessions	West University of Timisoara
10:30 - 11:30	Coffee Break and Poster Session 1	West University of Timisoara
11:30 - 13:00	Parallel Sessions	West University of Timisoara
13:00 - 14:30	Lunch Break	
14:45 - 16:15	Parallel Sessions	West University of Timisoara
16:30 - 17:00	Coffee Break	Convention Center
17:00 - 18:00	Keynote Presentation: Jean Fournier	Convention Center
18:30 - 20:00	Round Table	Convention Center
20:00 - 21:00	Science Slam	Convention Center

09:00 - 10:30

Parallel Sessions

Panel

**What are the challenges in supporting mental health and performance simultaneously?
Exploring ethical practice in high performance**

Kiens Kristel, Moesch Karin, Stirling Ashley, Boudreault Véronique, Birrer Daniel, Cumming Sam

Invited Symposium

**International Perspectives on Applied Sport Psychology Across Performance Contexts: ISSP
Science-to-Practice Perspective**

Alessandro Quartiroli, Chris Wagstaff, Chris Harwood, Pedro Teques

Symposium

Navigating Risk: Motivational and Emotional Processes in Extreme and Adventure Sports

Dannerbo Cecilie, Nemeti-Fehér Zsófia, Ionel Maria Stefania, Sanchez Xavier, Ion Andrei, Muskett Calum, Woodman Tim, Macdonald Jamie, Hepperle Lisa, Ehrlenspiel Felix, Wengel Yana, Love Jessica, Brown Daniel, Wilkes Matt, Shakespeare Kate, Thelwell Richard

Workshop

Life and Death in Sport: Periodization, Grief, and Return to Play Protocols

Fletcher Teresa

Workshop

Applied Mental Skills for Dancers: Self-Compassion and ACT in Practice

Bartos Josef, Ferenc Anna Julia

Workshop

**50,000 Runners, One Psyching Team: Delivering Ethical Sport Psychology at World
Marathon Majors**

Coumbe-Lilley John, Kerulis Michele, Wilesa Dan, Wekesser Meredith, Bullard Kendra

Workshop

Heart Rate Variability in Sport and Exercise Psychology: Applications of the Vagal Tank Theory

Laborde Sylvain

Oral Presentations: Coaching

Coaching Style, Gender Beliefs, and Dropout Intentions in Adolescent Girls' Football: Insights From a UEFA Innovation Project

Chanal Julien

Coach Perspectives on the Feasibility and Applicability of a Novel Pressure Training Framework

Byrne Gavin, Meggs Jennifer, Low William

Developing Self-Awareness and Understanding of Coach-Player Interactions: A Reflective Intervention

Sloot Lena, Brown Daniel J., Price David, Standage Martyn

Pedagogical Practices Supporting Positive Youth Development in Youth Sport

Berki Tamás

Authentic Performance in Elite Sport: An Integrative Scientist-Practitioner Coaching Framework for Athletes and Coaches

Rähse Daniel

Oral Presentations: Pedagogical psychology, Developmental/ lifespan

School Context and Teacher Personality in Tolerance of Risky Play and Supervision Beliefs

Russo Gabriele, Coco Daniele, Colli Alessia, Ceciliani Andrea

May Physical Education Shape Core Affects? Retrospective Affective-Emotional Experiences and Lifelong Physical Activity

Leisterer-Härtig Sascha, Dietz Lisa-Anna, Eckert Anna, Limmeroth Julia

Teacher Support in Physical Education and Adolescents' Prosocial Behavior: Psychological Needs as a Mediator in Chinese Youth

Primo Laura, González Juan, Carlo Gustavo, Yang Yin, López de Subijana Cristina

Emotion regulation in Physical Education - An intervention study

Zajonz Pia, Andrä Christian, Mächtle Claudia, Lautenbach Franziska

Voices of Older Athletes: How Coaches Shape Positive Sport Experiences

Palma Bartira, Galatti Larissa

Oral Presentations: Group dynamics

Communal Coping Strategies of Beach Volleyball Players During Timeouts

Bünemann Stephanie, Schubert Finn

Effects of Personal Disclosure and Mutual Sharing Intervention on Youth Team Cohesion

Karadoğan Özce Sıla

Perceived Debriefing Quality and Coach Behaviour Are Associated with Teamwork Perceptions: A Multi-Method Study

Durdubas Deniz, Sezer Umut

Do Athletes Who Use Positive Interpersonal Emotion Regulation Improve Their Teammates' Mental Health?

Pons Joan, Blanes Maria Wei, Romero Victòria, Gervilla Elena

Standing Out by Pulling Together: How Assistant Coaches Shape Subgroup Identity and Team Alignment in Professional Team Sports

Glaude Marc, Bloom Gordon A., Martin Luc J.

Oral Presentations: Neuroscience

Effect of a Single Session of Individualized EEG Marker Neurofeedback Training on the Putting Performance of Skilled Golfers

Chen Shih-Huan, Yu Chien-Lin, Hung Eric, Hung Tsung-Min

Resting-State Brain Functional Connectivity Underlying Skill Difficulty (D-Score) in Artistic Gymnasts

Kawata Yujiro, Takahashi Yumi, Mizuguchi Nobuaki, Sukizaki Takaya, Nakamura Miyuki, Tomita Hiroyuki, Harada Mutsumi, Kirino Eiji

Attending to Wind Strength Enhances Movement-Goal Coupling and Inhibitory Neural Control in Skilled Archers

Chen Yin-Hua, Chen Ya-Ling, Chen Szu-Yuan, Kuo Wen-Jui

Decoding Motor Imagery Potential: Resting-State EEG Biomarkers as Predictors of Individual Performance and Ability

Yu Lin, Schack Thomas

Winning the Mind Game - Applied Neurofeedback in Modern Mental Training - From Wearable Brain Data to Practical Performance Tools

Spiner Kazula Tali

10:30-11:30

Parallel Sessions

10:30-11:30

Poster Session 1

YRA POSTER

The Weight of Identity: A Systematic Review & Meta-Analysis of Athletic Identity & Eating Disorders in Sport

Wheatley Katherine, Vee Thanusha, Runswick Oliver, Godfrey Emma

Clinical issues in sport and physical activity | Personality | Well-being and quality of life | Clinical sport psychology

YRA POSTER

Role of Exercise in Enhancing Cognitive Function and Mental Health in Children with Down Syndrome Aged 9-14 Years: A Randomised Tr

Hamad Shimal, Abdulrahman Shokhan

Health | Physical activity | Sports injury, prevention and rehabilitation | Social cognition

YRA POSTER

Mobilizing Effort in Complex Motor Tasks: Try-Harder Instructions in Deceptive Actions

Böer Nils T., Steinborn Michael B., Weigelt Matthias, Güldenpenning Iris

Cognition | Motor control and learning (incl. ecological and dynamic approaches) | Movement

YRA POSTER

Cardiorespiratory Fitness and Behavioral Performance in an Emotional Priming Stroop Task: The Mediating Role of P3 Amplitude

Cheng Yi-Ting, Chu Chien-Heng, Chang Yu-Kai

Cognition | Neuroscience | Perception & attention | Psychophysiology

YRA POSTER

Linking Effort and Performance: Extending the Theory of Challenge and Threat States in Athletes

Pauly Hannah, Wolf Svenja Anna, Strauss Bernd, Dreiskämper Dennis

Motivation

YRA POSTER

The influence of visual spatio-temporal frequencies on decision-making behaviour in sport.

McGinley Aimee, Bennett Simon, Causer Joe, Hope Edward, Roberts James

Cognition | Decision making and judgement | Perception & attention

YRA POSTER

Insights from the Romanian version of the International Olympic Committee Sport Mental Health Assessment Tool 1 in Elite Athletes

Németi-Fehér Zsófia, Ionel Maria Stefania, Gherghișan Alina, Iliescu Dragos, Ion Andrei

Clinical issues in sport and physical activity | Elite sports and expertise | Health | Well-being and quality of life

YRA POSTER

Athlete Students' Subjective Perceptions of the Mindfulness-Based Training Program on Mindfulness, Self-Compassion, and Self-Criti

Alpay Merve Rumeysa, Hazar Serkan, Tingaz Ozan Emre

Exercise psychology | Well-being and quality of life | Clinical sport psychology | Meditation (e.g. mindfulness)

YRA POSTER

Regulatory Focus and Sport Performance: First Narrative Review in Sport and First Empirical Examination in Sport Climbing

Dannerbo Cecilie, Durieux Nancy, Levillain Guillaume, Sanchez Xavier

Coaching | Decision making and judgement | Emotion | Motivation

YRA POSTER

Auditory Modeling in Endurance Cycling: Effects on Performance and Perceived Effort

Colomba Maria, Sors Fabrizio, di Fronso Selenia, Ielo Angelica, Soranzo Alessandro, Bilotta Eleonora, Murgia Mauro, Agostini Tiziano

Cognition | Exercise psychology | Physical activity | Psychophysiology

YRA POSTER

The Role of Self-Talk Use in Winning Tennis Matches

MĂDA Vlad-George

Best practice | Mental skills training | Performance enhancement (doping, neuro-enhancement etc.) | Self

YRA POSTER

Mastering the Moment: How Target Distance, Target Speed and Additional Load Shapes Affordances for Interceptive Actions in Football

Oyewole John, Nuttall Helen E, Gaffney Christopher J, Crawford Trevor J, Linkenauger Sally A

Cognition | Decision making and judgement | Motor control and learning (incl. ecological and dynamic approaches) | Perception & attention

YRA POSTER

Promoting mental health in elite sport: perspectives from European organisational leaders

Spolverato Laura, Kegelaers Jolan, De Brandt Koen, Wylleman Paul

Elite sports and expertise | Well-being and quality of life

YRA POSTER

Decisive Breath: How Breathing-Induced Activation Shapes Motor-Cognitive Decision Processes

Iskra Maša

Cognition | Decision making and judgement | Perception & attention | Psychophysiology

YRA POSTER**The Relationships Between Choking Under Pressure, Resilience, Self-Confidence, and Performance Among Athletes***Petrişor Alexandra-Maria*

Clinical issues in sport and physical activity | Elite sports and expertise | Motivation | Sports psychology and World events (e.g. Covid-19)

YRA POSTER**A Holistic Ecological Approach to Injury Prevention and Management in Youth Sport: A Scoping Review***Venzel Nicklas Balle, Henriksen Kristoffer, Møller Merete, Storm Louise Kamuk*

Sports injury, prevention and rehabilitation

YRA POSTER**The Social Context Matters! How Physical Activity and Social Interaction Influence Executive Functions***Zehnder Căcilia, Schmidt Mirko, Etnier Jennifer L., Benzing Valentin*

Cognition | Decision making and judgement | Social cognition | Esports

POSTER**The Meaning of Psychological Safety among Soccer Players: A Phenomenological Study***Kwon Sungho, Jang Gilyoung, Chang Seungho*

Cultural sport psychology | Group dynamics

POSTER**The Relationship between Adolescents' Self-esteem and Exercise Adherence Intention: Verifying the Mediating Effect of Envy***Kim Taiwoo, Kwon Sungho, Yang Kyoungjin*

Exercise psychology | Motivation | Physical activity | Youth

POSTER**Applying Sport Psychology Principles in Entrepreneurship: A Professional Reflection with Cyber and Crypto Founders***Blatt Asaf*

Consulting/ counseling | Leadership | Non-traditional applications (e.g. music, dance and performing arts, military)

POSTER**Psychological Safety as a Pathway to Reducing Vulnerabilities Under Pressure in Football***Şenel Ender, Adiloğulları İlhan*

Coaching | Group dynamics | Social psychology

POSTER**"You Must Turn All Eyes Blind": Parental Beliefs in Normalisation of Maltreatment in Youth Sports***Uuemäe Johanna, Uusberg Andero, Hannus Aave*

Violence

POSTER**The Role of Empowerment in Interpersonal Violence Prevention: Examining Hierarchies and Power Dynamics - A Scoping Review***Schmitz Helena, Jaspers Janina, Ohlert Jeannine, Rulofs Bettina*

Cultural sport psychology | Group dynamics | Social psychology | Violence

POSTER**Effect of a Psychological Program on Mental Stress and Salivary Cortisol in Junior Karate Athletes***Halima Shahenda T. H*

Psychophysiology

POSTER**Exploring a Sport-Focused Projective Assessment Tool: A Pilot Study of the Athlete Apperception Technique (AAT)***Gyömbér Noémi, Selmecsi Hajnalka Eszter*

Personality | Clinical sport psychology | Psychotherapeutic approaches (e.g. psychodynamic, systemic)

POSTER**Mapping Psychological Competencies Across Athlete Development: A Cross-Sport Document Analysis***Smans Loranne, Wylleman Paul, De Brandt Koen, Kegelaers Jolan*

Talent identification/development | Developmental/ lifespan perspectives | Elite sports and expertise | Mental skills training

YRA POSTER**Athletic Development in Conflict-Affected Context: Can the Lebanese Context be Informative of How Athlete Reach Excellence in Adv***Jbeily Nathalie, Hauw Denis*

Cultural sport psychology

YRA POSTER**Dose and Type of Sport Participation as Determinants of Adolescent Mental Health Trajectories: A Prospective Cohort Study***Ozturk Sedat, Ding Huiyun, Le Faucheur Alexis, Fox Fabienne, Dietrich Andrea, Hoekstra Pieter, Cheval Boris*

Developmental/ lifespan perspectives | Well-being and quality of life | Clinical sport psychology

YRA POSTER**Understanding Kinesiophobia After ACL Injury: the role of Knee Self-Efficacy and Perceived Susceptibility to Sport Injury***Tomaselli Valentina, Leo Irene*

Sports injury, prevention and rehabilitation | Well-being and quality of life

POSTER**Socially Oriented Goals, Social Identity, and Sport Commitment in Recreational Team Sports***Kwon Sungho, Jung Heejung, Chang Seungho*

Group dynamics

POSTER**Fostering Environmental Awareness: Links Between Love for Nature and Environmentally Physical Activity Related Behaviors***Theodorakis Yannis, Karamitrou Aristeia, Krommidas Charalampos, Violatzi Aikaterini, Angeli Maria, Galanis Evangelos, Hassandra Mary, Comoutos Nikos*

Built environment | Health | Physical activity | Social psychology

POSTER**Using EEG to Measure Cortical Control of Reactive Balance Recovery in Children With Developmental Coordination Disorder (DCD)***Warlop Griet, Jarvis Callum, Mills Richard S., Ellmers Toby J., Wood Greg, Payne Aiden, Kal Elmar, Wood Samuel, Payne Sally, O'Brien Thomas, Parr Johnny*

Motor control and learning (incl. ecological and dynamic approaches) | Motor development | Neuroscience | Neuropsychology

POSTER**Psychological Safety and Team Dynamics: The Case of Dyadic Relationship Quality Between Team Members***Şenel Ender, Jowett Sophia, Adiloğulları İlhan*

Social psychology

POSTER**Mental Workload, Competitive Anxiety, and Burnout in Youth Football***Tutte Vallarino Verónica, Núñez Prats Antonio*

Emotion | Health | Well-being and quality of life | Youth

POSTER**Peri-Run Changes in Mood and Subjective Sleep Quality in Ultramarathon Runners: A Multi-Point Observational Study***Litwic-Kaminska Kamila, Ciechanowska Katarzyna, Morawski Piotr*

Emotion | Health | Human factors | Performance enhancement (doping, neuro-enhancement etc.)

POSTER**Mental Health Problems and Unhealthy Lifestyle Patterns in Swiss University Students: A Latent Profile Analysis***Gerber Markus, Hochuli Jan*

Exercise psychology | Health | Physical activity | Physical literacy

POSTER**Victory in the Frame: Can Sports Films Act as a Mental Coach?***Ülker Büşra Nurefşan, Küçük Veysel, Metin Nezahat Alara*

Exercise psychology | Mental skills training | Non-traditional applications (e.g. music, dance and performing arts, military) | Performance enhancement (doping, neuro-enhancement etc.)

POSTER**Initial Validation of a Peer Relationship Questionnaire in Youth Team Sports: A Pilot Study***Ciechanowska Katarzyna, Siekańska Małgorzata, Litwic-Kaminska Kamila, Trempala Janusz*

Group dynamics | Social psychology | Well-being and quality of life | Youth

POSTER**"Every Athlete Needs to Understand How Their Head Works." Qualitative Investigation of the Practice of Sport Psychology in Czechia***Voříšek Patrik, Mudrák Jiří*

Built environment | Consulting/ counseling | Mental skills training | Professional development and mentoring

POSTER**Opportunities and Challenges for Integrating Sport Psychologists into Esports: A Descriptive-Analytical Study of the Arab Context***Al-Wattar Nadhim, Abdulkream Reem*

Esports

POSTER**Unmasking Toxic Leadership in Elite Sport: Introducing the Toxic Leadership Scale for Sports (TLS-S)***Lundqvist Carolina, Johansson Saga*

Coaching | Elite sports and expertise | Leadership | Research methods (qualitative & quantitative)

POSTER**Stay G.R.E.E.N. - Mapping High-Performance Development Environments in Youth Football and Dance***Waldenstrøm Stein Robin Syse, Pensgaard Anne Marte, Gjesdal Siv*

Talent identification/development | Built environment | Coaching | Youth

POSTER**No Myth: Be Literate, Be Well, Be Fit (MentiFit)***Barić Renata, Gerjević Jelena, Lagator Maja, Jakobek Vedran, Đerek Ana, Bartoluci Sunčica*

Physical activity | Physical literacy | Well-being and quality of life | Youth

POSTER**Myth or Misclassification? Who Is Who Among Ultra-Endurance and Extreme Sport Athletes: A Cluster Analysis***Nogueira Lopez Abel, Fabrizi Priscilla, Mihalits Dominik Stefan*

Emotion | Health | Motivation | Clinical sport psychology

POSTER**Discrepancies Between Self-Reported and Objectively Measured Physical Activity Among Asylum Seekers***Pasquali Marco, Filippou Konstantinia, Knappe Florian, Proskinitopoulos Theodoros, Xaxiri Fotini, D. Morres Ioannis, Tzormpatzakis Emmanouil, Gerber Markus, Constantini Marcello, Theodorakis Yannis, Hatzigeorgiadis Antonis*

Social and cultural diversity (e.g. migration, ethnicity) | Exercise psychology | Research methods (qualitative & quantitative) | Physical activity

POSTER**Association Between Sport Participation, Cognitive Skills, and Psychosocial Profiles in Adolescence***Di Bella Teresa, Actis-Grosso Rossana, Serino Silvia, Steca Patrizia*

Cognition | Developmental/ lifespan perspectives | Emotion | Youth

POSTER**Opening the Doors of Esports: Expectations versus Reality***Pedraza-Ramirez Ismael, Musculus Lisa, Ramaker Bernadette*

Elite sports and expertise | Mental skills training | Esports

POSTER**An Explanatory Model of Achievement Goals, Physical Self-Concept, and Competitive Anxiety in Indian eFootball Players***Rawat Kanupriya*

Social and cultural diversity (e.g. migration, ethnicity) | Cultural sport psychology | Motivation | Esports

POSTER**From Fixed Beliefs to Functional Tools: Training Self-Belief and Perceived Control in Youth Football***Anwar Wahab Nabeegh*

Perception & attention | Personality | Professional development and mentoring | Youth

11:30 - 13:00**Parallel Sessions****Panel****The Realities and Experiences of Thriving in High-Performance Sport. Discussing the Path to Sustainable Performance and Well-Being***Birrer Daniel, Brown Daniel, Wagstaff Chris, Oblinger-Peters Violetta, Ackeret Nadja, Branza Ana Maria***Symposium****Capturing Dynamic Cognition-Action Interaction in Sport: Methodological Advances Beyond Static Decision Tasks***Voigt Laura, Iskra Maša, Mann David, Nieuwenhuys Arne***Symposium****Advancing the Female Perspective in Sport Psychology: From Individual Resilience to Environmental Optimization***Solstad Bård Erlend, Davis Louise, Didymus Faye, Ausland Ådne, Mosewich Amber***Symposium****ENYSSP: A Network Supporting Young Specialists in the Field of Sport Psychology***Nurkse Laur, Zajonz Pia, Iscru Ionuț Alexandru, Schmitz Helena, Sors Fabrizio, Szekeres Zsafia, Więclaw Grzegorz, Vrančić Sanja, Manolopoulos-Dekaristos Evangelos, Ramaker Bernadette*

Workshop

Embodied Self-Talk and Dynamic Imagery: Applied Strategies for Enhancing Attention and Self-Regulation in Sports

Abraham Amit, Franklin Eric

Workshop

Integrating the Learning-Modification-Application Model into Psychological Periodization in Team Sports

Gershgoren Lael, Orbach Iris, Blatt Asaf

Workshop

Delivering the PsychMapping Exercise: A Practical Learning Experience

Bolger Roisin, Gianniki Konstantina, Robin Arno, Latinjak Alexander T.

Oral Presentations: Non-traditional applications (e.g. music, dance and

Analog Astronauts' Psychophysiological Profile and the Type of Task Situations in a Space Analog Habitat - a Pilot Study

Siekanska Malgorzata, Tota Lukasz, Kolodziejczyk Agata

Music Performance Anxiety in Hungarian Musicians: A Cross-Sectional Population Study

Woytynowska Kaya Ariel

Psychological Research Jointly Investigating Athletes and Performing Artists: A Scoping Review

Lubert Veronika J., Halter Valérie J., Schmid Michael J.

Effects of Live-Fire Exposure on Risk-taking Behaviour, Reflection Impulsivity, and Spatial Working Memory in Firefighters

Wälde Jannic, Amesberger Günter, Würth Sabine, Finkenzeller Thomas

Oral Presentations: Youth

The Shrinking Horizon: A Generation Effect on Children's Independent Mobility

Cordovil Rita, Rodrigues Luis Paulo, Brito Henrique, Pombo André, Research Group Asas

Measuring Critical Consciousness in Youth Sport: Psychometric Evidence from Brazil

Peixoto Evandro, Romano Amanda, Silva Maynara, Camiré Martin

Exploring Engagement and Disengagement in Youth Sport Through the Lens of a Multi-Level Sport Organization

Sievert Elin, Davis Louise, Knight Camilla, Solstad Bård Erlend, Stenling Andreas

Reimagining Youth Sport: Insights from Canadian sport leaders

Gollish Sasha

Looking to the Future: Exploring the Possible Selves of Youth Athletes in Talent Development Systems

Kelly Roisin, Harwood Chris, Rongen Fieke

Oral Presentations: Motivation, Exercise psychology

Children's Motivation, Beliefs, and Behavioral Adherence 6 Years after a Learn-to-Swim Program

Chan Derwin King Chung

The Role of Swearing in Sport and Exercise: A Multi-Study Self-Talk Perspective

Manor Noam, Tenenbaum Gershon

The Influence of Effort Intensity and Duration on Exercise Choices

Taylor Ian, Leonard Lucie, Gwynne-Mayer Nicole

The Impact of the Coronavirus Pandemic on Psychological Variables in Competitive Sports

Schröder Sebastian, Stucke Christine, Linkohr Tabea, Schulz Melanie

How the Social Dimension of Physical Literacy Relates to Physical, Cognitive, and Affective Dimensions and Physical Activity

Hüttemann Hannah, Henning Lena, Tietjens Maïke

Oral Presentations: Personality

The Role of Personality Traits in Determining Basic Psychological Needs and Self-Compassion in Exercise Participants

Erol Melek, Ersöz Ay Gözde

Exploring the Links Between Personality, Perfectionism, and Dispositional Flow in Athletes

González-García Higinio, Ramírez Amaia

Is Acceptance and Commitment Therapy for Everyone?

Kajtna Tanja, Spreizer Anze

Beyond Sensation Seeking: Rethinking Ultra-Endurance Participation Through an Integrative Framework

Fabrizi Priscilla, Nogueira Lopez Abel, Mihalits Dominik Stefan

Could Volition Enhance Physical Activity Levels? A Mediation Analysis in a Cohort of University Students Using PID-5

De Angelis Matteo, Prigitano Vincenzo, Greco Francesca, Bertollo Maurizio, Hamdi Faten, Emerenziani Gian Pietro

14:45 - 16:15

Parallel Sessions

Panel

Joining Hands in Research and Practice: A Critical Discussion on the Past, Present, and Future of Relationship Work in Sports

Wachsmuth Svenja, Davis Louise, Healy Laura, Jowett Sophia, Solstad Bård Erlend, Thrower Sam, Walter Nadja, Zakrajsek Rebecca Anne

Symposium

Subclinical Levels of Distress: Multiple Psychodynamic Lenses in Sport Consultation

Nahum Ohad, König Réka Zsanett, Goldman Aura, Ionel Maria Stefania

Symposium

Towards a Deeper Understanding of Effort-Related Process in Sport and Exercise

Taylor Ian, Pauly Hannah, Poss Niklas, Dreiskämper Dennis, Baus Tina, Bieleke Maik, Mundt Lisa, Ennigkeit Fabienne, Englert Chris, Samuel Roy David, Filho Edson

Workshop

The Influence of Breathing Techniques on Sport Performance

Iskra Maša, Laborde Sylvain

Workshop

An Integrated Matrix Workshop for Sport Injury Rehabilitation: SDT, BPS Model for Injury, and the Stress-is-Beneficial Mindset

Phillips Darrell L.

Workshop

Police Deadly Force Consulting: Integrating Operational Realities and Evidence Based Performance Psychology

Heil John, Bedard Roy

Workshop

Connecting Sport-Specific Behavioral Patterns to Psychological States

Zagorc Blaž

Oral Presentations: Safeguarding, Safe sports

Co-Adapting Safe Sport Allies: Tailoring an Evidence-Based Safeguarding Intervention to Elite Youth Football

Brouwers Otis, Brain Jon, Verhelle Helena, Haerens Leen

Supporting the Developing Athlete: Psychological Safety and the Coaching of Adolescent Girls in Gymnastics

Casa Deanna, Kerr Gretchen

Co-Creatating Safe Sport Through Visual Design Thinking: Integrating Sport Psychology theory for visual Systemic Change

Rietdijk Yara

Increased Awareness Drives Change: Advancing Safe Sport and Addressing Interpersonal Violence in Swedish Cheerleading

Lundqvist Carolina

Understanding disclosure and reporting of interpersonal violence in high-performance sport

Willson Erin, Nepon Taryn, Kerr Gretchen

Oral Presentations: Cognition

Combined Cognitive and Exercise Priming Improves Running Times

Mortimer Hannah, Díaz-García Jesús, Dallaway Neil, Ring Christopher

Physiological and Psychological Determinants of Ultrarunning Performance

de Jong Annabel, Matthews Allison, Hinder Mark, Pitchford Nathan

Does Mental Performance, Inhibitory Control & Emotion Interference, Change throughout the Menstrual Cycle?

Chattat Elissa, de Haan Hanna, Musculus Lisa

Reading the Game: Virtual Reality (VR) Methods for Assessing Peripheral Vision and Decision-Making in Football

Vukojević Božo, Pinchuk Svitlana, Vater Christian

The Psychology of Esports: Trends, challenges, and future directions

Pedraza-Ramírez Ismael, T. Sharpe Benjamin, Behnke Maciej, J. Toth Adam, R. Poulus Dylan

Oral Presentations: Best practices

The Maternity Journey as a Positive Challenge: Insights From Sport Psychology

Meijen Carla

Periodization of Psychological Preparation Into the Training Process in Individual Sport.

Orbach Iris, Blumenstein Boris

The Functional Contextual Narratives of Elite Athletes' Paradoxical Performance Experiences of Fine Motor Skills

Kohli Tanuj, Steptoe Karl, Barker Jamie, Hill Denise

Implementing Pressure on Athletes During Training: A Scoping Review

Bouthiller Elif, Lautenbach Franziska

Psychology Practice in Esports: Challenges and Opportunities for Practitioners

Leis Oliver, Wunsch Lara, Whitehead Amy, Swettenham Laura Dawn

Oral Presentations: Elite sports and expertise

Understanding Decision-Making Expertise in Football VAR: Insights from Elite Video Match Officials

Clark James, Wood Samuel, Uiga Liis, Weston Matthew, Jackson Robin C., Williams A. Mark, McNally Steve, Wood Greg

Psychological Momentum and Match Performance in Tennis

Konter Erkut, Şahinler Yunus

Developing A Thriving Environment in Academy Football. An Action Research Pilot Study

Thomas Samuel, Wagstaff Christopher, Quartiroli Alessandro, Brown Daniel, Miller Matt

Modification of Individual Challenge in Team-Based Training in Elite Australian Football

Green Sarah, Broadbent David, Kittel Aden, McCalman William, Bruce Lyndell

Sport as a Psychological Anchor During Wartime Among Elite Ukrainian Athletes

Yukhymenko-Lescroart Mariya, Voiedilova Olena

Wednesday, 15 July 2026

08:30 - 18:00	Participant Registration	West University of Timisoara
09:00 - 10:30	Parallel Sessions	West University of Timisoara
10:30 - 11:30	Coffee Break and Poster Session 2	West University of Timisoara
11:30 - 13:00	Parallel Sessions	West University of Timisoara
13:00 - 14:30	Lunch Break	
14:45 - 16:15	Parallel Sessions	West University of Timisoara
16:30 - 17:00	Coffee Break	Convention Center
17:00 - 18:00	Keynote Presentation: Rita Cordovil	Convention Center
18:00 - 19:30	FEPSAC General Assembly and FEPSAC Elections	Convention Center
20:00 - 23:00	VIP Party (invited only)	TBD

9:00 - 10:30

Parallel Sessions

Symposium

Coaches' Mental Health in High-Performance Sport: From Individual Responsibility to Systemic Care

McLoughlin Ella, Johnston Julie, Smans Lorraine, Olusoga Peter, Chroni Stiliani, Kenttä Göran

Symposium

Mental Health Challenges and Pathways Forward in High-Performance Sport: Voices, Pressures, and Practical Solutions

Wergin V. Vanessa, Schwender Julia T., Peterken Hannah C., Willson Erin

Symposium

From Recovery to Excellence: Psychological Foundations of Sustainable Performance

Elser Alexander, Lautenbach Franziska, Ackaret Nadja, Vincze Andrada

Workshop

Psychodynamic Thinking in Applied Work with Athletes

Nahum Ohad

Workshop

An interactive workshop: Project - Road to Milano Cortina 26 - Fail or Golden Success? Insights, Learnings and Co-Creation

Rähse Daniel

Workshop

Building a Working Alliance in Elite Esports: Applied Lessons from Sport Psychology Practice

Pedraza-Ramirez Ismael, Ramaker Bernadette

Oral Presentations: Mental health

Mental Health as Motivational Context: Symptom Moderation of Within-Person Processes Underlying Exercise Enjoyment

Rebar Amanda, Gardner Benjamin, Vincent Grace

Understanding Mental Health in Elite Women's Cricket: A Longitudinal Investigation

Williams Harry, Jones Eleri, Roberts Ross, Woodman Tim, Peirce Nick

Mental Health Profiling: A Pattern Recognition Approach

Ely George, Roberts Ross, Owen Robin, Woodman Tim, Evans Lynne, Peirce Nicholas

The Development and Implementation of a Mental Performance and Mental Health Promotion Program for Varsity Athletes and Coaches

Lacoste Elise, Werthner Penny

An ecological systems approach towards world-class female athletes' perceptions of changes needed to support their mental health

Walsh Kate, Giles Samuel, Harwood Chris, Saward Chris

Oral Presentations: Coaching

Coach Trust, Grit, and Athletic Career Commitment in Elite Soccer Players: A Career Motivation Theory Perspective

Lee Jungwon, Kwon Sungho

Enhanced Expectancies by Positive Feedback Do Not Influence the Learning of a Form-Based Motor Skill in Gymnastics

Laroëre Bianca Maria, Mudrák Jiří, Malíř Roman, Iwatsuki Takehiro, Třebický Vít

Facing Failure Together: Managing Underperformance in the parents-athlete-coach triad

Varenne Fabien, Doron Julie, Lienhart Noémie

"You Can't Just Shout the Information Across the Pitch and Everyone Take It On": Football Coaches' Perceptions of Neuroinclusion

Runswick Oliver, Waite Sissily, Chotai Daya, Lowery Emily, Athanasopoulos Panagiotis, Wood Sam

A Comprehensive Taxonomy of Track and Field Sport Practices: A Resource for Coaches and Researchers

Radowits Royden, Young Bradley W.

Oral Presentations: Well-being and quality of life

The Relationship Between Chronic Pain and Psychological Well-being in Endurance Athletes: A Longitudinal Mixed Method Study

Emeka Lloyd, Meijen Carla, Sheffield David, Brug Peary, Martin Emily, Riva Silvia

Self-Criticism, Self-Compassion, and Other Related Variables as Factors of Well-Being in Pre-Professional and Professional Dancers

Bartos Josef

Determinants for Sport Coaches' Occupational Well-Being: a Scoping Review

Leisterer-Härtig Sascha, Nicaise Virginie, Bracco Maëlle, Eckert Anna, Martinet Guillaume, Guillet-Descas Emma

Take Care of Your Coach 2.0: A Transnational Intervention to Enhance Coaches' Mental Health and Well-Being

Serpa Sidonio, Martinović Dubravka, Smrdu Maja, Udovč Patricija, Jeromen Tina

Community Sports Coaches' Knowledge and Perspectives of Physical Literacy to Improve Child Wellbeing

Vella Lara, Carl Joannes, Crotti Matteo, Barnett Lisa, Duncan Michael

Oral Presentations: Exercise psychology

Self-Efficacy on the Apparatus: A Systematic Review and the Development of an Artistic Gymnastics-Specific Assessment Tool

Marzoli Federica, Di Pinto Gianluca, Di Fronso Selenia, Curzi Davide

The Relations Between Social Media Engagement, Psychological Needs, Motivation, and Healthy Behaviors in Adolescents

Behzadnia Behzad

Taiwan Tai Chi Research: Global Trends and Hot Topics from a Bibliometric Analysis

Lee Chi-Jui, Hsieh Wei-Li, Hung Chiao-Ling, Chang Yu-Kai

Reciprocal Associations Between Smartwatch Use, Self-Determined Motivation and Moderate-to-Vigorous Physical Activity

Steel Richard, Mitra Suvo

Physiological Load Increases Without Changes in Affective Responses During High-Intensity Exercise When Combined With tDCS

Pixa Nils Henrik, Voelcker-Rehage Claudia

Oral Presentations: Professional development and mentoring

Perceptions of Applied Youth Sport Work in Neophyte MPC Trainees from the United States

Hart Kayleigh, Blanton Jedediah E.

Fostering Sustainable Novice and Young Female Coaches: The Role of Mentors' Motivation, Gender Sensitivity, and Communication

Thierry Suzanne, Nicaise Virginie

The Athlete Needs Assessment Plan: A 3-Component, 7-Session Framework for Supporting Athletes' Self-Understanding and Development

Alberton Mathias

From Prompt to Performance: Evaluating ChatGPT in Gymnastic Movement Analysis

Frenkel Marie, Szawilla Cara, Ziekow Holger

Talent Selection Processes in Sports: A Qualitative Comparison With Personnel Selection in Business

Brinkmüller Birte, Dreiskämper Dennis, Eckardt Valeria, Höner Oliver, Strauss Bernd

10:30-11:30

Parallel Sessions

10:30-11:30

Poster Session 2

POSTER

High-Intensity Interval Training Increases Inflammatory Gene Expression in Individuals With Obesity

França Carolina, Silveira Ana Luíza, de Abreu Daniela, Musto Amanda, Nali Luiz Henrique, do Amaral Jônatas, Bachi André, Shio Marina, Rezende-Teixeira Paula

Health | Physical activity | Any other topic

POSTER

The Olympic Games Transition Model

Samuel Roy David, Basevitch Itay

Developmental/ lifespan perspectives | Elite sports and expertise | Transitions in and out of sport/dual career

POSTER

Online Interpersonal Violence in Sport: Prevalence and Associated Factors in a Population-Based Sample of Quebec Adolescents

Parent Sylvie, Kavanagh Emma, Labossière Sophie

Violence

POSTER

The Secret Language of Table Tennis: Nonverbal Behavior in Scoring Situations and Gender Difference

Won Jieun, Kwon Sungho, Jang Gilyoung

Elite sports and expertise | Emotion

POSTER

Social Anxiety and Body Esteem Among University Students: Prevalence, Associations, and the Role of Dance

Du Min, Hancox Jennie, Hooper Oliver, Sandford Rachel

Exercise psychology | Health | Non-traditional applications (e.g. music, dance and performing arts, military) | Well-being and quality of life

POSTER

Exploring Self-Talk in Athletic Rehabilitation Following Sport Injury - Insights From a Qualitative Study

Terhorst Sarah, Ehrlenspiel Felix

Coaching | Elite sports and expertise | Health | Sports injury, prevention and rehabilitation

POSTER

Finding One's Tribe: Distinction of sport & extracurricular engagement on student flourishing and stress mindset in the UAE

Bryan Christopher, Ahmed Ruba, Tairi Tatiana, Daouk Sariah, Bones Oliver, Amr Muna

Cultural sport psychology | Physical activity | Social psychology | Well-being and quality of life

POSTER

Extending the SPPD Model Through Global Lenses: Complexity, Time, and Culture in Sport Psychology Professionals' Development

Lima Fogaça Janaina, Martin Dan R. F., Quartirolí Alessandro

Cultural sport psychology | Professional development and mentoring

POSTER

Development and Content Validation of a Cross-Sport Questionnaire for Perceived Self-Efficacy

Bigotto Francesco, Di Bella Teresa, Carafa Christian, Serino Silvia, Steca Patrizia

Cognition | Elite sports and expertise | Mental skills training | Research methods (qualitative & quantitative)

POSTER

The Relationship Between Mental Toughness and Trait Emotional Intelligence: Mental Training in the Service of Performance

Cresto Ferrino Davide

Coaching | Elite sports and expertise | Human factors | Well-being and quality of life

POSTER**Motivational Determinants of Fitness Centre Users Among Foreigners and Native Germans: An Assessment With Machine Learning**

Simmons Sally Sonia, Srem-Sai Medina, Hagan John Elvis, Schack Thomas

Exercise psychology | Health | Motivation | Physical activity

POSTER**An Exploratory Study Using MSPE Among Hungarian Elite Athletes**

Pump Luca, Hamstra-Wright Karrie, Kiss Zoltan, Coumbe-Lilley John
Elite sports and expertise | Mental skills training | Personality | Meditation (e.g. mindfulness)

POSTER**Hungarian Sport Psychologists' Experiences With Child and Youth Safeguarding**

Lénárt Ágota, Woytynowska Kaya, Boda-Ujlaky Judit

Consulting/ counseling | Developmental/ lifespan perspectives | Ethics in applied settings | Youth

POSTER**Beyond "Good Teammates": Identifying Team Dynamics Profiles Predicting Mental Health and Performance Satisfaction**

Blanes Maria Wei, Gervilla Elena, Pons Joan

Emotion | Group dynamics | Youth

POSTER**Emerging Approaches to Anti-Doping Education for Athlete Support Personnel**

Ourda Despoina, Gkountou Maria-Theodora, Paliokas Ioannis, Papadopoulou Sousana, Elbe Anne-Marie, Petrovic Ladislav, Banyte Ruta, Vanderstraeten Ria, Dikic Nenad, Barkoukis Vassilis

Performance enhancement (doping, neuro-enhancement etc.)

POSTER**Development of Psychological Skills Through the Combination of Mental Skills Training and Individualized Pressure Training**

Mizuno Kanta, Tachiya Yasuhisa, Cooke Andrew, Ogata Takahiro

Mental skills training

POSTER**"Ansiédómetro": A Real-Time Solution for Measuring Competitive Anxiety in College Athletes**

Teixeira Fernandes Paula, Borges Guerrero Kaio

Emotion | Mental skills training | Research methods (qualitative & quantitative)

POSTER**Mental Health and Well-Being in Youth Football Players - A Systematic Review**

Praisan Gantima, Scaramuzza Camilla, Raimo Moira, Yiapanas George, Hamdi Faten, Berchicci Marika, Bertollo Maurizio

Clinical issues in sport and physical activity | Well-being and quality of life | Youth

POSTER**Prevalence and Predictors of Clinically Significant Depressive Symptoms in Taiwanese Collegiate Athletes**

Chen Jen-De, Wang Jong-Yi

Consulting/ counseling | Sports injury, prevention and rehabilitation | Well-being and quality of life | Clinical sport psychology

POSTER**The Effect of Aquatic Exercises on Balance and Shoulder Rotation**

Eskandarnejad Mahta, Asadi zonuz Vagar

Health | Physical activity

POSTER**Mental Health Indicators Among Spanish-Speaking Esports Players**

Bonilla Gorrindo Ivan, Díaz Moreno Adrián, Amorós Robles Judith, Muñoz Martínez Raquel, Kegelaers Jolan, Chamarro Luser Andrés

Health | Well-being and quality of life | Esports

POSTER**Neural Dynamics of Attentional Focus Switching During Golf Putting: An Event-Related Desynchronization Study**

Yu Lin, Onuoha Emole E., Schack Thomas

Motor control and learning (incl. ecological and dynamic approaches) | Neuroscience | Psychophysiology | Neuropsychology

POSTER**UK Sporting Organisations' Responses to Wrongdoing in Elite Sport**

Newman James, Buttery Harry, Gibbs Georgie

Social psychology | Organizational development and quality management | Violence

POSTER**Effects of Competitive Level on Brain Information Processing and Reaction Time in Open-Skill Sports: A Preliminary Study**

Watanabe Koki, Arie Taiga, Sugo Takayuki, Tsuchiya Hironobu

Cognition | Decision making and judgement | Psychophysiology

POSTER**Active Bodies, Sustainable Minds: PE Teachers' and Students' Experiences from the ENLITE Program in Greek Primary Schools**

Hassandra Mary, Karamitrou Aristeia, Krommydas Charalambos, Violatzi Aikaterini, Angeli Maria, Dimitriou Eleni, Tziara Vasiliki, Trikalis Christos, Theodorakis Yannis, Comoutos Nikos

Pedagogical psychology | Physical activity | Youth

POSTER**Expertise and Competitive Context Regulate Performance-Related Arm EMG in Esports**

Minami Sorato, Watanabe Ken, Saijo Naoki, Kashino Makio

Elite sports and expertise | Esports | Neuropsychology

POSTER**Formula Racing Study: Intra-Individual Associations Between Steroid Hormones and Competitive Performance Differ Across Drivers**

Ooishi Yuuki, Matsumura Seiji, Kashino Makio, Saijo Naoki

Cognition | Emotion | Human factors | Psychophysiology

POSTER**The Impact of Training Environment on Perceived Anxiety in Esports Athletes: A Preliminary Investigation**

Zakalski Natália, Alves Douglas

Best practice | Built environment | Emotion | Esports

POSTER**Difficulty Describing Feelings, Stress Coping during Injury Rehabilitation, and Adaptation after Return to Sport**

Tatsumi Tomonori

Clinical issues in sport and physical activity | Emotion | Personality | Sports injury, prevention and rehabilitation

POSTER**Tactical Knowledge of Handball Players Excelling in Preventing One-on-One Breakthrough**

Onishi Takeru, Yabunaka Yuki, Shimokawa Masayoshi, Hirakawa Takehito

Cognition | Elite sports and expertise | Motor control and learning (incl. ecological and dynamic approaches) | Perception & attention

POSTER**Predicting Physical Activity in Adolescents: The Role of Positive Youth Development and Physical Self-Concept**

Işık Mustafa, Çakır Ergün, Ersöz Ay Gözde

Physical activity | Self | Well-being and quality of life | Youth

POSTER**Focus Inward to Move Forward: Emotional Intelligence Training for Elite Coaches**

Moesch Karin, Bunke Sofia

Best practice | Coaching | Leadership | Meditation (e.g. mindfulness)

POSTER**Effect of Physical Exercise Practice on Executive Functions: A Scoping Review**

González-Fernández M^a Dolores, Vieiro-Iglesias M^a del Pilar, Ba-Fente M^a Concepción

Cognition | Exercise psychology

POSTER**The Effects of Simulated Vision Impairment on Spaceflight Relevant Perceptual-Motor Skill**

Runswick Oliver, Hite Mia, Kuliev Zahra

Human factors | Perception & attention

POSTER**Understanding the Psychological Profile of the Hungarian Dog Sport Participants***Selmeci Hajnalka Eszter, Gyömbér Noémi*

Sports psychology and World events (e.g. Covid-19)

POSTER**Trajectories of Sport Exhaustion, Cynicism and Inadequacy Among Adolescent Student-Athletes: A Three-Year Longitudinal Study***Kuokkanen Joni, Phipps Daniel J., Saarinen Milla, Korhonen Johan, Romar Jan-Erik, Gustafsson Henrik*

Talent identification/development | Developmental/ lifespan perspectives | Pedagogical psychology | Well-being and quality of life

POSTER**Effect of Relative Age in Spanish Women's Youth Football***Gil-Galve Alberto, Teques Pedro, Peris-Delcampo David*

Talent identification/development | Human factors | Youth

POSTER**Social Media Sports Content and Adolescent Health Promotion: Chain Mediation of Online Social Support and Psychological Capital***Wang Xinchun, Shi Huiyu, Du Minmin, Yang Jian*

Motivation | Movement | Well-being and quality of life | Youth

POSTER**Neurocognitive Effects of Resistance Training on Cognitive Flexibility and P300 in Adults with ADHD***Hung Chiao-Ling, Zhang Wei, Lee Chi-Jui, Fong Dong-Yang*

Cognition | Exercise psychology | Neuroscience

POSTER**Translation and Cross-Cultural Validation of the Sport Psychological Safety Inventory in German-Speaking Athletes***Ozturk Sedat, Elbe Anne-Marie, Rettich Nastja, Walter Nadja*

Cultural sport psychology | Elite sports and expertise | Well-being and quality of life | Youth

POSTER**Psycho-Oncology, Sport, Quality of Life: Triathlon Training to Enhance Quality of Life in Oncology Patients. Preliminary Data***Di Marco Giulia, Bellucci Michela, Mariano Tommaso, Ceccarelli Benedetta, Catanzaro Paolo, Buratta Livia, De Angelis Verena*

Well-being and quality of life | Clinical sport psychology

POSTER**A Fencing-Based Intervention for an Adolescent With Autism Spectrum Disorder: A Case Study***Papitsi Flora, Skouras Apostolos, Koulouvaris Panagiotis, Tsolakis Charilaos*

Clinical issues in sport and physical activity | Exercise psychology | Physical activity | Special needs

POSTER**Hazard Perception in Cyclists: An Experimental Analysis of Age- and Experience-Related Factors***Groß Julian, Limmeroth Julia, Hagemann Norbert*

Perception & attention | Youth

POSTER**AI-Supported Deliberate Practice of Mental Skills in Competitive Sport: An Ongoing Investigation***Ogurtsova Maria*

Consulting/ counseling | Ethics in applied settings | Mental skills training | Professional development and mentoring

POSTER**The Symbolic Dimension of Precarious Work: Integrating Institutional Equity into the Perceived Precarious Life Model***Palumbo Martina, Zanolli Edgardo, Gozzoli Caterina*

Coaching | Professional development and mentoring | Well-being and quality of life | Organizational development and quality management

POSTER**Anticipating an Opponent's Action in Sports: A Virtual Reality Investigation of Expertise in Tennis***Perrone Simona, Romano Daniele, Girelli Luisa*

Decision making and judgement | Elite sports and expertise | Motor control and learning (incl. ecological and dynamic approaches) | Perception & attention

POSTER**Moderating Role of Psychological Flexibility in the Relationship Between Coach-Created Motivational Climate and Athlete Mindset***Kurden Ayşe Yaren, Eskitürk Ibrahim Dogukan, Ozdemir Enes, Keskin Pakize, Sari Ihsan*

Coaching

POSTER**Football Coaches' Leadership Power Perceptions in Relation to Big-Five Personality Traits***Konter Erkut*

Coaching | Leadership | Personality

POSTER**The Same Punch, Different Judgment: Gender Bias in the Evaluation of Women in Combat Sports***Costea Iuliana, Bran Ramona-Alice*

Decision making and judgement | Social cognition

POSTER**The Effects of Instructional and Motivational Self-Talk on Gaze Behavior in a Virtual Reality Setting***Pawade Sahil*

Mental skills training

11:30 - 13:00**Parallel Sessions****Panel****The Scientist Practitioner: A 'Nice to Be' or a 'Need to Be' in Sport Psychology?***Wylleman Paul, Harwood Chris, Kristjánsdóttir Hafrun, Johnson Urban, Kajtna Tanja, Pensgaard Anne Marte***Symposium****Who Benefits and How? Applied Perspectives on Bio- and Neurofeedback Trainings in Sport***König Réka Zsanett, Hodgetts James, Hung Tsung-Min, Cheng Ming-Yang***Symposium****The Dynamics of Affective Processes in Sport Contexts***Fritsch Julian, Bieleke Maik*

Symposium

Self-Talk in Sport: New trends and Directions.

Hatzigeorgiadis Antonis, Tzormpatzakis Emmanouil, Proskinitopoulos Theodoros, Latinjak Alexander, Gianniki Konstantina

Workshop

Recognizing the Signs: Early Detection of Eating Disorders in Athletes

Selby Christine

Workshop

The Architecture of Toughness: Strength Under Stress—Practical Applications of the 4C Model

Gerson Michael, Hayden Julie, Tomlinson Vicki, Eric Ballelos, Biro Eszter

Workshop

The Power of “Us”: Promoting Psychological Safety Through Social Identity Leadership in Sport Coaching

Schwender Julia T., Wergin V. Vanessa

Oral Presentations: Clinical sport psychology

Beyond Performance: Type of Sport, Gender and Autonomy-Connectedness in Recreational Athletes’ Disordered Eating Behaviors

Bosman Nicky, Maas Joyce, van Assen Marcel, Bekker Marrie

Implementing Virtual Reality in the Treatment of Chronic Pain: A Qualitative Analysis of Barriers and Facilitators

Elser Alexander, Frenkel Marie Ottilie, Kopkow Christian, Schäfer Axel

Recognizing Shame in Elite Sport: A Psychodynamic-Informed Framework

Nahum Ohad, Ryall Emily

“Sport Saved Me”: Elite Athletes’ Experiences of Adverse Childhood Experiences and the Role of Sport Participation

Hjaltadóttir Stella, Tahtinen Richard, Sigurðardóttir Sigrún

From Screening to Support System: Developing a Mental Health Framework for Polish Olympic Athletes

Waleriańczyk Wojciech

Oral Presentations: Dual career, Transitions in and out of sport

Implementation of Ten Key Features of Dual Career Development Environments in Finnish Sport Schools: A Multiple-Case Study

Kuokkanen Joni, Saarinen Milla, Mäkiharju Alex, Kamuk Storm Louise, Romar Jan-Erik

What Is Employability for Student-Athletes? Preliminary Results From a Delphi Study

Ferraboli Alessia, D'Angelo Chiara, Capranica Laura, Quartirolì Alessandro

Balancing Demands: A Qualitative Exploration of Coping in UK Dual-Career Student-Athletes

Beere James, Tibbert Stephanie, Wimshurst Zoe, Cotterill Stewart

Understanding Academic Perspectives on Dual Career Pathways in Higher Education

Decelis Andrew, Muscat Adele

Examining Student-Athlete Dual Identity Over Time in University Athletes: A Longitudinal Study of Academic and Athletic Identities

Yukhymenko-Lescroart Mariya

Oral Presentations: Motor control and learning

Gaze Behavior During the Preparatory Phase of Smash Defense in Badminton Doubles: An On-Court Comparison Across Skill Levels

Kokubu Masahiro, Suita Masashi

Effects of Movement-Specific Reinvestment on Action-Change Performance in Dynamic Performance Environments

Nieuwenhuys Arne, Sullivan Robyn, De Haan Juliette, Ortega Auriol Pablo, Uiga Liis, Anson Greg, Masters Rich

Using a Think Aloud Protocol to Explore Cognitive Processes Underpinning Sense-Making of Skilled Cricket Players in Competition

Hasan Shahbaz, Broadbent David P., Dancy Paul, North Jamie S., Roca Andre, Murphy Colm P.

Hierarchical Motor Planning and Dynamic Arbitration of Constraints in Naturalistic Hand Selection

Chiou Shiau-Chuen, Schack Thomas

The Effects of Movement-Related Verbalisation on Stair Walking Behaviour in Young Adults: Preliminary Results

Hill Luke, Mills Rick, Masters Rich, Middlebrook Nicola, Reeves Neil, Uiga Liis

Young Researcher Award Oral

Psychosocial Resource Clusters and Well-Being Across the Transition Out of Elite Sport: A Person-Oriented Approach

Amor Lauren S., Schmid Michael J.

A Daily Diary Examination of Physical Activity and Affect in Adolescence

King Sara, Chandler Kelly, Geldhof G. John

CBT and VR Exposure After ACL Reconstruction: Efficacy and Component Effects in a Five-Arm Trial

Turkeri-Bozkurt Hande, Brewer Britton W., Koruc Ziya

The Mental Meta: Mapping Mental Health Complexity in Esports

Van Ruysevelt Lucas, Mairesse Olivier, Kegelaers Jolan

Making the Invisible Visible: Exploring Youth Sport Environments using Photovoice as a Participatory Method

Sternberg Line Maj, Henriksen Kristoffer, Storm Louise Kamuk

14:45 - 16:15

Parallel Sessions

Panel

Psychology, Sport and Exercise (PSE): Ask the Editors

Raab Markus, Rebar Amanda

Symposium

Contemporary Directions in Qualitative Inquiry for Sport and Exercise Psychology Research and Practice

Didymus Faye F., Welsh Allie, Kent Sofie, Cropley Brendan, Murray Megan, Zakrajsek Rebecca

Symposium

Interpersonal Violence (IV) in Sport as a Systemic Issue: Evidence, Priorities, and Organisational Responses

Schwab Laurie, Parent Sylvie, Gomez Carole, Vertommen Tine, Ramis Laloux Yago

Workshop

Broken and Reassembled: What Can We Learn From Each Other's Crises?

Barta Gábor, Gacs Gergő

Workshop

Combined Cognitive and Exercise Priming and Training: Using the SOMA-NPT App

Ring Christopher

Workshop

A Practical Phenomenology of Corporal Fighting: Experiential Reductions in Combat Sports and Martial Arts

Roque Antunes Barreira Cristiano, Castelo Branco Telles Thabata

Oral Presentations: Developmental/ lifespan perspectives

Understanding the Youth Sport Specialization Paradox Using the Holistic Ecological Approach

Storm Louise Kamuk, Venzel Nicklas Balle, Henriksen Kristoffer

An Adaptation Study of the Psychological Characteristics of Developing Excellence Questionnaire - Version 2 (PCDEQ-2) Into Turkish

Tekay Ece, Urfa Osman, Şahin-Kırık Fatma Adalet, Görgülü Recep

Applying the 5Cs Framework to Elite Youth Tennis: Impact Factors in a Talent Development Environment

Harwood Chris, Porter Kieran

Developmental Experiences Promoting Self-regulation in Sport among Adolescent and Adult Basketball Players

Siekanska Malgorzata, Wojtowicz Agnieszka, Popek Adam

Psycho-Social Health and Sports Club Activity of Young People: Longitudinal Results of the Representative Move for Health Study

Dreiskaemper Dennis, Burmann Ulrike, Veltmaat Annalena, Suess Pina Li, Henning Lena

Oral Presentations: Cognition

Can Cognitive Abilities Predict Future Soccer Success? Evidence From a Five-Year Longitudinal Study

Ott Jonathan, Digutsch Jan, Heilmann Florian, Steindorf Lena

Latent Profiles of Adolescent Athletes' Sport Performance Strategies and their Associations with Competitive Anxiety and Flow

Lee Doheung, Won Jieun, Jang Dojin

Team Cognition and Verbal Communication in Esports: A Multi-Study Examination of Expert and Non-expert Team Dynamics

Eldadi Omer, Tenenbaum Gershon

Immersive Anticipation Testing to Predict Future Performance in International Pathway Cricket Batters

Runswick Oliver

Skilled Cricket Batters' Perceptions of the Role of Momentum in Shaping Anticipation and Decision-Making During Competition

Hasan Shahbaz, Broadbent David P., Dancy Paul, North Jamie S., Roca Andre, Murphy Colm P.

Oral Presentations: Special needs

Inclusive Badminton in Higher Education: Preparing Future Coaches for Intellectual Disability Inclusion

Primo Laura, Gutiérrez Suárez Andrea, Pinilla Javier, Ocete-Calvo Carmen

The Role of Football in Enhancing Psychosocial Skills in Youth With Autism Spectrum Disorder

Cei Alberto, Sepio Daniela, Bruno Ruscello

Against all odds: Conditional inclusion, gendered legitimacy, and the experiences of female athletes with disabilities

Todd Rebecca, Tibbert Stephanie, Williams Yasmin

"Why Should I Have to Fight to Say that I Exist?": Perceptions of Quebec Paraspport Athletes on Safe Sport

Rheault Camille, Radziszewski Stephanie, Parent Sylvie

Swimming as a Means of Integrating Children With Intellectual Disabilities Into Able-Bodied Children

Hafsaoui Benyoucef, Djaafri Asma

Oral Presentations: Mental skills training

Skill Development in Esports: Effects of Cognitive Training and Structured Gameplay Training in Novice Players

Sahin Kirik Fatma Adalet, Gulec Hayriye, Gorgulu Recep

How Does Mental Practice Training Influence Motor Accuracy Variability and Task Execution in a Precision Throwing Task?

Castellar Fernando, Cavaleri Rocco, Herff Steffen A.

Design and Implementation of Imagery and Self-Talk Intervention in Youth Tennis

Redlichova Vendula, Kocib Tomas, Rusnakova Kristyna, Novotna Jana, Slamova Jana, Harbichova Ivana, Komarc Martin

Mixed Reality Intervention with Eye-Tracking to Enhance Selective and Sustained Attention in Adolescent Athletes

Pleinica Solvita, Šuriņa Sanita, Semjonova Guna, Peleckis Gints, Liepa Agris

Training the Mind and the Saddle: Effects of PETTLEP Imagery on Equestrian Performance and Psychophysiological Responses

Yildiz Ahmet Anil, Gorgulu Recep, Demir Soner, Goncagül Gulsen

Antidepressant Effects of Exercise in University Students - A Study Protocol

Praisan Gantima, Micale Alice, Fontanesi Lilybeth, Bertollo Maurizio, Berchicci Marika

Lifestyle Physical Activity Counselling in Inpatients With Depression (PACINPAT+): RCT Study Protocol

Lauxtermann Lena, Brühl Annette, Beck Johannes, Imboden Christian, Kreppke Jan-Niklas, Lang Undine, Oswald Anja, Ringli Maya, Rogausch Anja, Schreiner Ann-Katrin, Stubbs Brendon, Gerber Markus

Exploring Physical Activity Awareness and Sedentary Behaviour in Psychiatric Day-Care Settings.

Duina Marta, Corretti Giorgio, Carraro Attilio

Acute Effects of Physical Activity on Menstrual Symptoms and Affective Well-Being: A Randomized Crossover Trial

Rausch Linda, Wolfsgruber Teresa, Kopp Martin, Niedermeier Martin

Physical Activity Coaching in Outpatients With Major Depressive Disorder: Study Protocol for PACOUTPAT Randomized Controlled Trial

Stark Céline, Beck Johannes, Oswald Anja, Rogausch Anja, Schreiner Ann-Katrin, Cody Robyn, Hohberg Vivien, Knappe Florian, Kreppke Jan-Niklas, Ludyga Sebastian, Gerber Markus

Kenny Music Performance Anxiety Inventory - Hungarian Validation in the Central and Eastern Europe Context

Woytynowska Kaya Ariel

From Sports to Life: A Case Study on Building Resilience

Micale Alice, Hill Yannick, van der Kamp John

From Summit to Mind: Tracking Affective States and Mental Health in Female Elite K2 Climbers

Bichler Carina S., Abdoli Marzieh, Gatterer Hannes, Falla Marika, Burtscher Johannes, Limmer Mirjam, Rausch Linda K., Klingler Paul, Vinetti Giovanni, Strapazon Giacomo, Hüfner Katharina

Insights from a Female Practitioner Working in Football

Plée Céline, Middleton Thierry, Pinckney Amanda, Wagstaff Chris

Evaluation of Dual Career Development Environment: Validity and Reliability Study of Turkish Version

Karadağ Duygu, Gözmen Elmas Aydan, Keskin Akın Nurgül, Elmas Safer, Aşçı Fevziye Hülya

Pathways to Pride: When Self-Criticism Meets Social Comparison in Athletes

Tsai Chi-Lun

Running into Uncertainty: The Role of Sport-Specific Intolerance of Uncertainty and Optimism in Athletic Performance

Assa Ran

Thursday, 16 July 2026

09:00 - 10:00	Keynote Presentation: Andrea Petroczi	Convention Center
10:00 - 11:00	Coffee Break and Poster Session 3	West University of Timisoara
11:00 - 12:15	Parallel Sessions	West University of Timisoara
12:15 - 13:30	Parallel Sessions	West University of Timisoara
13:45 - 15:15	Lunch Break	
15:30 - 16:30	Keynote Presentation: Caroline Bolling	Convention Center
16:30 - 19:30	Social Program	

10:00-11:00

Parallel Sessions

10:00-11:00

Poster Session 3

POSTER

Perceptions of Gender Conflict and Influences on an Athletes' Global Self-Esteem in Athletics: A Cross-Cultural Study

Jogani Vedika

Cultural sport psychology

POSTER

Psychological Safety Under Threat: Negative Coaching Behaviours and Elite Athlete Wellbeing in Aesthetic Sports

Palmer Nia, de Cruz Nicholas

Cultural sport psychology | Elite sports and expertise | Group dynamics | Well-being and quality of life

POSTER

From COVID-19 to Bubble Events to Booster Vaccination: Psychological Effects on Elite Athletes' Mental Well-Being and Performance

Zrubecz Zsafia Boglarka, Baramacheva Eva, Hassandra Mary, Comoutos Nikos, Elbe Anne-Marie

Exercise and COVID-19 Pandemics | Sports psychology and World events (e.g. Covid-19)

POSTER

A Phenomenological Study on the Continuation of Soccer Players' Careers

Lee Jungwon, Kim Taiwoo, Won Jieun

Motivation | Professional development and mentoring | Self | Transitions in and out of sport/dual career

POSTER

Exploring Associations Between Organized Sport Participation and Dimensions of Impulsivity Among US Youth

Hoffmann Matt D., Barnes Joel D.

Clinical issues in sport and physical activity | Well-being and quality of life | Youth | Clinical sport psychology

POSTER

Conceptualizing Communities of Practice in SEPP: An International Delphi Study of Purpose, Structure, and Professional Value

Quartioli Alessandro, Wagstaff Christopher R. D

Best practice | Ethics in applied settings | Professional development and mentoring

POSTER

The Coaches' Motivational Support Behaviours and Athlete-Centered Coaching Influence on Athletes' Psychological Needs Satisfaction

Gaudreault Felix, Green-Demers Isabelle, Soulard Amelie, Maurin Juliette

Coaching | Leadership | Social psychology | Well-being and quality of life

POSTER

The Sequential Mediating Role of Anxiety and Depression in Physical Activity and Adolescent Problem Behaviors

Wang Xinchun, Shi Huiyu, Du Minmin, Yang Jian, Liu Yishan

Exercise psychology | Physical activity | Well-being and quality of life | Youth

POSTER

Triangulating Mental Toughness: Correlations between Personality, Skills, and Self-Perception in National Athletes

Gerin Marina

Talent identification/development | Elite sports and expertise | Mental skills training | Personality

POSTER

Relationships Between Cognitive Accuracy, Psychomotor Speed, and Reactive Agility in Youth Football

Huzarska-Rynasiewicz Izabela, Paško Wojciech, Śliż Maciej,

Marszałek Patryk, Jasińska Natalia, Przednowek Krzysztof
Cognition | Perception & attention | Physical activity | Youth

POSTER

Self-compassion and psychological safety as predictors of depression/anxiety and sustainability in high-performance coaches

Belz Johanna, Hägglund Karin, Taehinen Richard Eirikur, Kenttä Göran

Coaching | Elite sports and expertise | Leadership | Clinical sport psychology

POSTER

Boring Habits? Cross-Sectional Studies Investigating the Relationships Between Habit, Boredom, and Contextual Stability

Ljubic Phil, Bieleke Maik, Wolff Wanja, Englert Chris

Exercise psychology | Health | Physical activity

POSTER

Bridging the Gap: A Multidimensional Person-Centered Approach to Organizational Wellness

Sharon David Hila

Health | Movement | Physical activity | Well-being and quality of life

POSTER

How Do Teammates Exchange Interpersonal Emotion Regulation Efforts? A Social Relations Model Approach

Blanes Maria Wei, Pons Joan

Emotion | Group dynamics | Research methods (qualitative & quantitative) | Youth

POSTER**Be Kind to Yourself: The Role of Self-Compassion in Athletes' Post-Injury Well-Being**

Berti Stefan, Werner Tabea, Michel-Kröhler Alena, Grebner Karolina, Wessa Michèle

Clinical issues in sport and physical activity | Sports injury, prevention and rehabilitation

POSTER**The Five Rings for Soft-Landing: A Multidisciplinary Intervention Program for Transitioning Back Following the Olympic Games**

Gershgoren Lael, Orbach Iris, Blatt Asaf, Yablochnik Royi, Basevitch Itay

Elite sports and expertise | Transitions in and out of sport/dual career

POSTER**Between the Classroom and the Pitch: Balancing Athletic and Educational Demands Among Saudi Youth Football Players**

Aldosari Mohammad

Talent identification/development | Well-being and quality of life | Youth

POSTER**Boxing for Mind, Mood, and Movement (BM3): A pilot study exploring applied sport psychology intervention impact.**

Coumbe-Lilley John, Motyka Nich, Braga Ryan

Coaching | Consulting/ counseling | Group dynamics | Clinical sport psychology

POSTER**Supporting Elite Coaches' Creation of Empowering Motivational Climates Through Coach Education and Follow-up Community of Practice**

Cullen Matthew, Appleton Paul, Milton Daniel, Duda Joan

Best practice | Coaching | Elite sports and expertise | Motivation

POSTER**Understanding the Process of Normalizing Psychological Abuse: A Grounded Theory Study**

McGee Sarah, Stirling Ashley

Elite sports and expertise | Social psychology | Violence

POSTER**Cross-Cultural Adaptation and Validity Evidence of the Sports Mental Training Questionnaire for Brazilian Athletes (SMTQ-Br)**

Fiochi-Marques Manoella, da Silva Maynara Priscila Pereira, Peixoto Evandro Moraes, Teixeira Fernandes Paula

Cultural sport psychology | Elite sports and expertise | Mental skills training | Research methods (qualitative & quantitative)

POSTER**SMARTS: Evaluation of a Sports-Based Preventive Mental Health Intervention in Secondary Schools**

Kegelaers Johan, Baetens Imke, Van Heel Martijn, Van Hove Lisa

Physical activity | Well-being and quality of life | Youth

POSTER**Reading Results Right: How Context Shapes Skill and Luck in Sport**

Horvath Stephan, Röthlin Philipp

Cognition | Consulting/ counseling | Decision making and judgement | Elite sports and expertise

POSTER**The effect of verbal and visual instructions on working memory and motor learning in sport: a scoping review**

González-Fernández M^a Dolores, Vieiro-Iglesias M^a del Pilar, Bao-Fente M^a Concepción

Cognition | Developmental/ lifespan perspectives | Motor control and learning (incl. ecological and dynamic approaches)

POSTER**Risk of Eating Disorders in Strength Sports: Evidence from Spanish Powerlifting**

Cobo Gerardo J., Peris-Delcampo David, Cantón Enrique

Health | Well-being and quality of life

POSTER**Effects of Combined Cognitive and Exercise Priming on Muscular Endurance**

Rautu Alexandru, Ring Christopher

Cognition | Exercise psychology | Perception & attention | Psychophysiology

POSTER**Formula Racing Study: Feasibility of Measuring Pit Crew Heart Rate During Tire Changes in a Race**

Yamashita Jumpei, Terashima Hiroki

Cognition | Emotion | Human factors | Movement

POSTER**Esports and Lifestyle: Players' Perspectives on Health, Social Relationships, and Balance**

Barkoukis Vassilis, Ourda Despoina, Leis Oliver, Moriconi Marcelo, Watson Matthew, Scholz Tobias, Karaiskos Leonidas

Esports

POSTER**The Effect of Motor Imagery and Action Observation on Time Perception in Short-Term Motor Tasks**

Çiftçi Muhammet Cihat

Mental skills training | Motor control and learning (incl. ecological and dynamic approaches) | Movement | Perception & attention

POSTER**Women's Experiences in Professional Esports: Insights About Barriers, Enablers, and Challenges**

Zakalski Natália, Hart Jesse, Dunn Riley

Elite sports and expertise | Human factors | Any other topic | Esports

POSTER**The Mediating Role of Self-Conscious Emotions in the Relationship Between Perfectionist Climate and Commitment to Sport**

Eskitürk Ibrahim Dogukan, Aşçı F. Hülya, Urfa Osman

Emotion | Youth

POSTER**Distance-Specific Mental Representations in Freestyle Swimming: A Structural Analysis**

Vogel Ludwig, Kämpfer Jonas, Dethloff Steven, Törpel Alexander, Schack Thomas

Motor control and learning (incl. ecological and dynamic approaches)

POSTER**Hemodynamic Changes in the Prefrontal Cortex After Physical Fatigue in Skilled and Novice Basketball Players**

Eskandarnejad Mahta, Fallah Mozghan, Behzadnia Behzad

Neuroscience | Psychophysiology | Neuropsychology

POSTER**The Impact of Online Abuse on Professional Female Athletes**

Williams Amberlie, Newman James, Fielding-Lloyd Beth, Deller Ruth

Social psychology | Any other topic | Sports psychology and World events (e.g. Covid-19)

POSTER**Effects of Exercise and Cognitive Training on Metacognition in Older Adults: The Moderating Role of Intervention Frequency**

Chen Feng-Tzu, Chang Yu-Tzu

Cognition | Exercise psychology | Neuropsychology

POSTER**On the Bench: Athletes' Experiences of Substitution and Self-Regulation in Team Sport**

Hu Richard, Latinjak Alexander T., Leis Oliver

Coaching | Emotion | Motivation | Self

POSTER**Association between cardiorespiratory fitness and depression in university students: The mediation effect of lifestyle**

Adornes Guimarães Maria Eduarda, Tornquist Debora, Amaral Julia, Bitencourt Eduarda, Schuch Felipe, Gerber Markus

Health | Physical activity | Psychophysiology | Well-being and quality of life

POSTER**Burnout and Well-Being Among Coaches**

Domuschieva-Rogleva Galina, Yancheva Maria

Coaching | Emotion | Well-being and quality of life

POSTER**Mental Performance Optimization in Modern Sport: A Sport Psychology Perspective**

Ashorman Abed Albasit
Mental skills training

POSTER**Challenging Inhibitory Control and Working Memory Capacity Through FitLight Technology in Professional Handball Players**

Rus Lorena, Cioara Marius
Cognition | Mental skills training | Performance enhancement (doping, neuro-enhancement etc.)

POSTER**Informal Help-Seeking Intentions Buffer Daily Stress and Reduce Athletic Burnout in a Longitudinal Study of Competitive Athletes**

Grebner Karolina, Werner Tabea, Michel-Kröhler Alena, Berti Stefan, Wessa Michèle
Health | Clinical sport psychology

POSTER**Psychometric Properties of Turkish Version of the Perceived Game-Specific Soccer Competence Scale**

Keskin Akin Nurgül, Zozik Mehmet, Karabulut Erdem, Çağlar Emine
Developmental/ lifespan perspectives | Youth

POSTER**The Impact of the “Elite Athlete” Stigma on Mental Well-Being Among Athletes of Different Performance Levels**

Petrova-Whelan Petya, Iancheva Tatiana
Elite sports and expertise | Well-being and quality of life

POSTER**Temperament Structure, Dimensions of Personality, and Anxiety Level in Soccer Players**

Basiaga-Pasternak Joanna, Blecharz Jan, Siekanska Malgorzata
Exercise psychology | Personality | Physical activity

POSTER**Fan Identity and Consumption Among Turkish Football Fans: Preliminary Findings**

Özgider Can, Altın Mustafa Ozan, Adiloğulları İlhan
Cultural sport psychology | Self | Social cognition | Social psychology

POSTER**Future Time Perspective Across the Elite Sport Career: A Focus Group Study**

Åström Elisabeth, Davis Paul
Developmental/ lifespan perspectives | Elite sports and expertise | Sports injury, prevention and rehabilitation

POSTER**Feeling Capable, Having Fun: Self-Efficacy Aligns with Enjoyment in iVR Cycling - Preliminary Results**

Rosito Salvatore Alberto, De Angelis Matteo, Carideo Anna, Bertollo Maurizio, Di Fronso Selenia, Sartor Francesco
Health | Motivation | Physical activity | Well-being and quality of life

POSTER**Prior Self-Control Exertion and Dart Throwing Performance**

Boat Ruth, Saunders Toby, Cooper Simon B
Motivation

POSTER**Can Acute Virtual Reality Exercise Selectively Modulates Emotional Memory? Preliminary Effects on Remembering and Forgetting**

Nakamura Miyuki, Kawata Yujiro, Matsumoto Takuma, Song Shimin, Murofushi Yuka, Shibata Nobuto, Ota Tsuneyoshi
Cognition | Emotion | Exercise psychology | Neuroscience

POSTER**The LTAD Model of Hungarian Swimming and its relationship to athlete dropout**

Kunics Réka Fanni
Developmental/ lifespan perspectives

POSTER**Temperamental Determinants of Success in Professional and Amateur Sports: A Sensation Seeking Perspective**

Fituch Malwina, Huzarska-Rynasiewicz Izabela
Personality

POSTER**Athletes' Views and Practices Regarding Nutritional Supplement Use**

Ourda Despoina, Gkountou Maria-Theodora, Loukovitis Andreas, Lazuras Lambros, Tavares Ana Sofia, Barkoukis Vassilis
Performance enhancement (doping, neuro-enhancement etc.)

11:00 - 12:15**Parallel Sessions****Symposium****Biopsychosocial factors associated with refereeing performance in football**

Teques Pedro, Peris David, Samuel Roy David

Symposium**Examining Norms and Group Dynamics in Elite-Level Refereeing Using NBA Last Two Minute Reports**

Morgulev Elia, Sabag Eran, Bar-Eli Michael

Symposium**Positive Youth Development: Life Skills, Teaching Responsibility and Self-Transcendence as Pathways to Well-Being**

Papaioannou Athanasios, Borrueco Marta, Toivonen Hanna-Mari

Workshop**Psychological Support in Military Aviation: a Lifecycle Approach to High Performance in Extreme Environments**

Eijsink Evelien Maria, Hengeveld Martijn

Workshop

2Steps4Health Workshop Series - Fostering Resilience and Mental Health in Competitive Youth Athletes

Riedmayr Luc, Kroll Josephine, Eckert Anna, Schnöckel Moritz, Walter Nadja

Workshop

Navigating Motherhood and Identity Change: A Humanistic Workshop for Sport and Performance Psychologists Supporting Mothers

Sharon David Hila, Block Carly

Oral Presentations: Elite sports and expertise

Are We Negative? The Frequency, Intensity, and Performance Effect of Negative Emotions in Elite Sport

Gershgoren Lael, Blatt Asaf, Yablochnik Royi

Beyond Laughter: The Role of Humour Styles and Perceived Control in Sport Achievement

Pan Min, Cheng Wen-Nuan Kara

Self-Regulation Under High Pressure: An Interpretative Phenomenological Study of Elite Sabre Fencers

Iscru Ionuț Alexandru, Hassandra Mary, Elbe Anne-Marie, Ionel Maria Ștefania, Latinjak Alexander T.

Amplifying Athletes' Voices: The Role of Team Leaders in Advancing Safeguarding

Campbell Bryanna, Stirling Ashley

Oral Presentations: Mental health

Dynamic Relationships of Coping and Social Identity in Football: Influence on Players' Mental Health

Pété Emilie, Alletru Elliott, Thomas-Ollivier Véronique

Exploring Protective Factors Against Mental Ill-Health and Promotive Factors for Mental Health in World-Class Female Athletes

Walsh Kate, Giles Samuel, Harwood Chris, Saward Chris

A Comparison of Self-Administered Havening Technique and Active Control on Athlete Mental Health

Johal Kelly, Mcloughlin Ella, Saward Chris, Hunter Kirsty, Sarkar Mustafa, Sumich Alex, Harwood Chris

A Mental Health and Sport Performance Continuum Tool: Behavioral Indicators and Practical Strategies for Athlete Longevity

Kirby Jess

Oral Presentations: Cultural sport psychology

The Invisible Barrier: Menstrual Experiences of Female Footballers and the Culture of Silence Constructed with Male Coaches

Ağaç Betül, Elmas Safer, Hacisofoğlu İlnur, Aşçı Hülya

Understanding Stigma in Female Combat Sports: A Narrative Review and Psychoeducational Perspective

Papitsi Flora, Tsolakis Charilaos

Rethinking Applied Sport Psychology Considering Cultural Differences in Chronically Unstable Contexts

Jbeily Nathalie, Hauw Denis

University Sports Staff's Perspectives on Perfectionism in Competitive Racialized Athletes

Worthen J'mi, Tamminen Katherine, Kerr Gretchen, Joseph Janelle, Hill Andrew

Oral Presentations: Developmental / lifespan perspectives

A Meaning Extraction Analysis of High School Student Athlete Essays on Sportsmanship

Pintar Tjaša, Ault-Baker Kylee, Blanton Jedediah

After the Last Lap: Body Image, Diet, and Physical Activity in Former Canadian Women Olympic Swimmers

Spagnuolo Erika, Duncan Lindsay

Student-Athlete or Athlete-Student?: Educational Neglect of Pre-Professional Hockey Players

Leaf Thomas, Kerr Gretchen

Tracking Social Support for Male Athletes Through Their Transition Into a National Football Academy

MacManus Oisin, Sharp Lee-Ann, Woods David, Ferguson Kyle, Paradis Kyle

12:15 - 13:30

Parallel Sessions

Symposium

When Everything Is Violence, Nothing Is Measurable: Operationalising Violence and Severity in Sport Psychology

Parent Sylvie, de Lafontaine Marie-France, Schwab Laurie, Nery Miguel, Avelar Rosa Bruno

Symposium

Mental Health Promotion in High-Performance Sport: a Multidisciplinary and Organisational Perspective

Kegelaers Johan, Usenik Janja, Devoto Maximiliano, Spolverato Laura

Workshop

The Spiritual Compass: Integrating the Spiritual Domain into Sport & Performance Psychology

Gerson Michael, Tomlinson Vicki, Hayden Julie, Biro Eszter, Eric Ballelos

Workshop

Compassionate Mindsets and Motivational Environments in Competitive Sport: An Introduction to Compassionate Mind Training

Meichan Angus

Workshop

Transforming Power Cultures That Malnourish Mental Health into Empowered Cultures: Jamming a Square Peg into a Round Table

Norris Chelsea, Tomlinson Vicki, Gerson Michael

Oral Presentations: Neuroscience

Associations between cycling behaviour, spatial cognition, and prefrontal activity among adults: A VR and fNIRS study

Herfet Melinda, Debertshäuser Julius, Teo Wei-Peng, Broadbent David, Farizi Farah, Mazzoli Emiliano, Hoang Thuong, Tittlbach Susanne, Timperio Anna

High-Intensity Interval Training Activates a Frontothalamic Circuit to Modulate Affect-Related Behavior in Mice

Formolo Douglas Affonso, Cheng Tong, Yu Jiasui, Kranz Georg S., Zhang Shirley, Suk-Yu Yau

Does a Short Bout of Football Heading Impair the Neural Control of Balance?

Jarvis Callum, Mohamed Mohamed Omar, Wood Greg, Uiga Liis, Parr Johnny

How Individual Differences in Perceived Physical Effort Influence Effort-Based Reward Valuation: An Electroencephalography Study

Shi Huiyu, Yang Jian, Qu Yueyao, Liu Yumin, Miller Matthew W., Guérin Ségolène, Zhang Yuan, Li Zhihui, Brush C. J., Cheval Boris

Oral Presentations: Well-being and quality of life, Physical activity

The Menstrual Cycle as Moderating Factor in the Physical Behavior and Affective Well-Being Interaction in Individuals With AUD?

Lutz Luisa, Reichert Dominic, Hoffmann Sabine, Ebner-Priemer Ulrich, Lenz Bernd, Reichert Markus

A Feasibility Study Investigating Effects of Exercise in the Workplace During Work Time for Menopausal Women

Bibbey Adam, Delextrat Anne, Walsh Gregory, Sabir Lily, Baines Katy, Fletcher Maxine

Temporal Narratives of Community-Based Physical Activity in Severe Mental Illness

Laxman Sreedevi, Day Melissa, Yu Chen-an, Hunt Emily, Wadey Ross

Enhancement of Embodied Awareness Following Yoga Practice

Shikanai Nao

Oral Presentations: Safeguarding

Delivering Safeguarding Education in Professional Football: Reflections for Research and Practice

Newman James

Professional Identity Formation of Safe Dance Educators

Milne Aalaya, Magrath Jenna, Lefever Elisa, Chateau Nicole, Amato Lauren, McGee Sarah, Kyle Pip, Stirling Ashley

Psychological Safety in Sport: Deconstructing Conceptual Challenges

Heinisch Angela, Kerr Gretchen

Training Needs of the Athlete Support Professionals on Interpersonal Violence (IV) in Sport

Fréchette Corinne, Audrey-Anne De Guise, Allyson Gillard, Stephanie Radziszewski, Véronique Boudreault, Natalie Durand-Bush, Margo Mountjoy, Tine Vertommen, Sylvie Parent

Oral Presentations: Organisational development, Well-being and quality of life

Psychological Configurations and Burnout Trajectories in Sport

Tutte Vallarino Verónica

A Multi-Phased Study of Self-Care in Elite Esports: Perspectives of Players, Coaches, Managers, and Sport Psychology Practitioners

Brain Jon, Quartiroli Alessandro, Wagstaff Christopher R. D.

Is it Really Growth for All? Professional Female Footballers' Perceptions of the Growth of Women's Football in the UK

Plée Céline, Middleton Thierry, Wagstaff Chris, Quartiroli Alessandro

Psychological Strengths in Sport as Relational Constructs: An Applied Perspective

Sahin Yekta, Balci Velittin

Erasmus+

Dual Career for Biathletes (DC4B)

Sławińska Małgorzata, Doupona Mojca, Khomutova Anastasiya, Karbowska Julia

Erasmus+ Sport Stage Performance: A Showcase of a Multi-Institutional Programme at the Intersection Between Sport and Art

Laroëre Bianca Maria, Černá Jana, Kolbová Kateřina, Wolfová Natálie, Henebergová Lenka

Friday, 17 July 2026

09:00 - 10:30	Parallel Sessions	West University of Timisoara
10:30 - 11:30	Coffee Break and Poster Session 4	West University of Timisoara
11:30 - 13:00	Parallel Sessions	West University of Timisoara
13:00 - 14:30	Lunch Break	
14:45 - 16:15	Parallel Sessions	West University of Timisoara
16:30 - 17:00	Coffee Break	Convention Center
17:00 - 18:00	Keynote Presentation: Sophia Jowett	Convention Center
18:00 - 19:00	Closing Ceremony	Convention Center
20:00+	Conference Dinner / Party	Congress Hall

09:00 - 10:30 Parallel Sessions

Symposium

Safeguarding in Sport Psychology: Cultural Contexts, Case Studies, and Applied Practice

Khomutova Anastasiya, Chroni Ani, Brain Jon, Stoljarova Snežana, Barić Renata

Symposium

No One Achieves in a Vacuum: Advancing Understanding of Coach-Athlete Relationships

Jowett Sophia, Davis Louise, Solstad Bard, Healy Laura

Symposium

Why Consider the Environment in Youth Sport?

Storm Louise Kamuk, Sternberg Line Maj, Saarinen Milla, Pancow Kurtis, Kelly Roisin Marie, Harwood Chris

Workshop

Training Body Awareness through Embodied Anatomy: Franklin Method Strategies for Perception, Belief, and Motor Regulation

Abraham Amit, Franklin Eric

Workshop

Integrating Systemic-Solution-Focused Therapy in applied Sport Psychology: Self-Care for Practitioners

Ruchti Erika

Workshop

Helping Athletes Manage the Yips: Approaches, Strategies and Interventions

Jensen Jacob

Oral Presentations: Exercise psychology

A Gateway Hypothesis of Adult Exercise Participation: Early Affective Experiences and PE Memories

Brand Ralf, Kliegl Reinhold

Cross-Task Consistency of Motor Performance under Pressure in Hot-wire, Darts, and Golf—Is it a Thing?

Lillich Liane F., Utesch Katharina, Back Mitja D., Utesch Till

Impact of Exercise Addiction on Psychological Mechanisms and Outcomes

de Lafontaine Marie-France, Provencher Martin D., Turcotte Stéphane, Folders-Busque Guillaume

Barriers to Physical Activity Cricket Participation for Women from Ethnically Diverse Backgrounds in the West Midlands

Garstang Katie, Williams Sarah, Navas Fidelis, Butt Sajda, Ward Jess, Veldhuijzen van Zanten Jet

Beyond self-Report: Neural and expressive signatures of the exercise experience

Ker Tony, Kirk Chris, Brand Ralf, Spackman Lynne, Jones Leighton

Oral Presentations: Group dynamics

Development and Validation of a Questionnaire for Assessing Players' Crisis Perception in Football

Rausch Constantin, Altmann Stefan, Spielmann Jan, Steindorf Lena, Jekauc Darko

Confidence in teammates: Teasing apart interpersonal sources of variance

Habeeb Christine, Daniel Reagan, Guempel Bishop, Domire Zachary

Psychological Preparation in Team Sport: Conceptual Framework and Application

Orbach Iris, Gershgoren Lael, Blatt Asaf

Coach-Athlete-Parent Interpersonal Relationship Dynamics and Psychological Outcomes in Youth Basketball: A Longitudinal Study

Lisinskiene Ausra, Lochbaum Marc

Emerging Kinesiology Leaders' Intentions to Apply the 3+1C Model and Achievement Goal Theory in Practice

McShan Keith

Oral Presentations: Health

Between Solidarity and Scrutiny: The Role of Athletic Peers in the Construction of Severe Menstruation

Quinn Emma, O'Donnell Emma, Papatomas Anthony

RESIST: Psychological Resilience in Sport and Its Over Time Relations With Athletes' Burnout

Metin Ayşe Nur, Vitalucci Davide, Galli Federica, Zelli Arnaldo, Mallia Luca

A Person-Centered Analysis of Rumination in Athletes: Associations With Selected Coping Strategies and Psychological Resources

Michel-Kröhler Alena, Werner Tabea, Grebner Karolina, Wessa Michèle

Body Image Beyond Appearance: Integrating Movement-Based Strategies Into Sport and Health Psychology

Sharon David Hila

Making the Case for Human Flourishing in Sport and Performance Domains

Simpson Richard Alastair Cameron

Oral Presentations: Youth

Psychological Profiles in Adolescent Athletes: A Person-Centered Analysis of Burnout, Anxiety, Well-Being, and Demographics

Dislere Beate Evelina, Kolesnikova Jelena, Reihmane Dace

Who Is at Risk of Doping? Psychosocial and Behavioral Profiles of Doping Intentions in Adolescent Athletes

Kristensen Jan Åge

Exploring Opportunities for Athlete-Led Practice in Adolescent Sport Practice Contexts

Radowits Royden, Wilson Stuart G., Teschuk Erin, Bain Lisa, Young Bradley W.

The Role of Coaches, Teammates, and Parents' Need Support in Buffering the Effects of Stressors Encountered by Adolescent Athletes

Duvert-Chenebert Valentin, Campagne Aurélie, Trouilloud David

The Revised Sports Interests Inventory (SPIT 36): Development and Validation

Schmid Michael J., Beck Damian, Côté Jean, Schmid Jürg

Oral Presentations: Mental Skill Training

The use of Music, Imagery, and Their Combination by Athletes and Coaches

Castellar Fernando, Cavaleri Rocco, Herff Steffen A.

A Comparison of Flow-Clutch States in Real and Virtual Reality Table Tennis Competitions

González-García Higinio, Martinet Guillaume, Prieto Joel

An Exploration of Team-Level Effects of Mindful Sport Performance Enhancement: Athlete and Coach Perspectives

Minkler Thomas, Zizzi Sam, Costalupes Blake

Integrating Reflective Practice Within a Psychological Skills Training Program for Chinese Volleyball Players

Zhang Xiao, Cao Chunmei, Werthner Penny

Self-Reported and Behavioral Measures of Motor Imagery Correlate in Competitive Athletes

Bar Tamir, Tenenbaum Gershon, Abraham Amit

10:30-11:30

Parallel Sessions

10:30-11:30

Poster Session 4

POSTER

Relationships Between Perfectionism, Burnout, and Mental Rest in College Athletes

Bouthiller Elif, Eccles David William, Foster Brian Joseph, Yang Yanyun

Elite sports and expertise | Health | Mental skills training | Well-being and quality of life

POSTER

Move More, Scroll Less? Physical Activity, Smartphone Use, and Body Shape Perception in Adolescents: Gender Differences

Kwon Sungho, Kim Juhyeong, Chang Seungho

Physical activity | Youth

POSTER

Towards the Exploration of Abuse-Driven Career Transitions in Sport

Chateau Nicole, Atkinson Michael, Stirling Ashley

Transitions in and out of sport/dual career | Well-being and quality of life | Violence

POSTER

Digitising the SDA-M Approach: An AI-Enhanced Software for Motor Gesture Analysis and Imagery Scripting

Gerin Marina

Coaching | Motor control and learning (incl. ecological and dynamic approaches) | Movement

POSTER

Cultural Differences and Acculturation Effects on Physical Activity Motives of Gym Users Among Foreigners and Native Germans

Obeng Paul, Amoadu Mustapha, Srem-Sai Medina, Hagan John Elvis, Schack Thomas

Cultural sport psychology | Exercise psychology | Physical activity

POSTER

How Coaches' Leadership Behaviors are Related to Individual- and Team-sport Athletes' Ability to Self-regulate Their Learning?

Siekanska Malgorzata, Blecharz Jan

Elite sports and expertise

POSTER

Relationship Between Physical Activity and Psychological Well-Being in Adolescents: The Mediating Role of Critical Thinking

Tunç Kübra, Aşçı F. Hülya

Exercise psychology | Physical activity | Well-being and quality of life

POSTER

The Effectiveness of Community Sports Interventions on Children's Wellbeing: A Systematic Review and Meta-analysis

Vella Lara, De Silva Chaturani, Carl Johannes, Crotti Matteo, Barnett Lisa, Duncan Michael

Health | Physical literacy | Well-being and quality of life | Youth

POSTER

Spontaneous Headshake After a Kinematic Event (SHAAKE): New Concussion Symptom Is Prevalent When Heading the Football

Walker Daniel, Jukes Jade

Cultural sport psychology | Health | Sports injury, prevention and rehabilitation | Neuropsychology

POSTER

Effects of Moderate-Intensity Aerobic Exercise on Working Memory in College Students with Anxiety Symptoms: ERP Evidence

Wang Xinchun, Shi Huiyu, Du Minmin, Yang Jian

Cognition | Emotion | Neuroscience | Youth

POSTER

Stress Experiences of Korean Short Track Speed Skating Coaches Working Overseas

Fang Ling, Lee Jungwon

Social and cultural diversity (e.g. migration, ethnicity) | Coaching | Well-being and quality of life

POSTER

Let's Learn Together: A Multilevel Study of Teaching Behaviors, Class Cohesion, and Student Outcomes in Physical Education

Leo Francisco M., Llanos-Muñoz Rubén, Haerens Leen, García-González Luis, López-Gajardo Miguel Á.

Group dynamics | Motivation

POSTER

Emotion Dysregulation: A Key Predictor of Adolescent Athletes' Mental Health

Romero Victòria, Pons Joan, Gervilla Elena

Emotion | Well-being and quality of life | Youth | Sports psychology and World events (e.g. Covid-19)

POSTER

Motor Decision-Making in Social Interaction: Investigating Joint Action Coordination in the Object-Transfer Task

Weigelt Matthias, Schulz Jean-Luca, Schirmacher Toni Anton, Sebanz Natalie

Cognition | Group dynamics | Motor control and learning (incl. ecological and dynamic approaches) | Social cognition

POSTER**Training Sport Psychologists to Work With Post-Traumatic Populations: An Applied Framework***Shtemer Shoshi, Bar Artvinsky Orit*

Consulting/ counseling | Mental skills training | Non-traditional applications (e.g. music, dance and performing arts, military)

POSTER**The Effect of Resistance Training on Physical Performance and Mental Health in the Elderly***Sirbu Elena, Golimba Romeo, Szasz Timea*

Elderly | Health | Physical activity | Well-being and quality of life

POSTER**When Numbers Tell the Story: Data-Driven Early Detection of Performance Crises in Professional Football***Rausch Constantin, Jekauc Jannik, Jekauc Darko*

Decision making and judgement | Elite sports and expertise | Group dynamics | Organizational development and quality management

POSTER**Smartphone Dependence and Flow in Adolescent Soccer Players: The Mediating Roles of Sleep Quality and Competitive State Anxiety***Moon Minkwon, Yang Kyoungjin*

Elite sports and expertise | Exercise psychology

POSTER**Exploring the Antecedents of Physical Education Teachers' Basic Psychological Needs and Motivation***Pulido González Juan José, Ramírez-Bravo Iván, Rubio-Morales Ana, Ayuso-Moreno Rosa*

Motivation | Pedagogical psychology

POSTER**INSIST: The Role of Psychological Resilience in Accounting for Athletes' Burnout Through Performance Failure and Sport Commitment***Metin Ayşe Nur, Vitalucci Davide, Galli Federica, Zelli Arnaldo, Mallia Luca*

Health

POSTER**Understanding the Women and Men Sport Aspiring Leaders' Experiences on Future Sustainable Work Life Through Dream Day Narratives***Bourgeois Ellora, Sarda Elisa, Nicaise Virginie*

Leadership | Social psychology | Any other topic | Organizational development and quality management

POSTER**Mental Preparation Program for Brazilian Athletes in High-Performance Sport: Implementation and Preliminary Evaluation***Teixeira Fernandes Paula, Fiochi-Marques Manoella*

Elite sports and expertise | Mental skills training | Clinical sport psychology

POSTER**Psychosocial, Health-Related, and Socio-Demographic Correlates of PE Teachers' Mental Health***Leisterer-Härtig Sascha, Eckert Anna, Ziegeldorf Alexandra*

Pedagogical psychology | Professional development and mentoring | Well-being and quality of life

POSTER**Becoming a Fighter: Phenomenological Dimensions of Personal Development in Beginner Martial Arts and Combat Sports Practitioners***dos Santos Yan Lázaro, Telles Thabata Castelo Branco, Gutiérrez-García Carlos, Roque Antunes Barreira Cristiano*

Cultural sport psychology | Developmental/ lifespan perspectives | Moral action | Self

POSTER**Mental Workload, Perfectionism, and Burnout in Sport***Iancheva Tatiana, Kuleva Milena*

Elite sports and expertise

POSTER**Temporal Stability and Predictive Validity of the Romanian CART-Q in Youth Sport: Links to Athlete Satisfaction***David Bogdan-Alexandru, Boncu Alexandru, Rusu Andrei, Predoiu Radu, Sârbescu Paul*

Group dynamics | Youth

POSTER**Baseline Psychological Profiles from Pre-Season Assessment in an Elite Hungarian Sports Club***Pump Luca, Hamstra-Wright Karrie, Kiss Zoltan, Coumbe-Lilley John*

Clinical issues in sport and physical activity | Health | Perception & attention | Meditation (e.g. mindfulness)

POSTER**Prevalence of Mental Illness Symptoms in Spanish Elite Athletes***Checa Irene, Ancarani Francesca, Perarnau Marta, López de Subijana Cristina, Garatachea Nuria*

Clinical sport psychology

POSTER**AI-Generated Feedback in Sport: A Scoping Review Protocol on Its Alignment With Motor Learning Principles***Stippler Annika, Eing Lennart, Künzell Stefan*

Coaching | Motor control and learning (incl. ecological and dynamic approaches) | Physical activity

POSTER**Formula Racing Study: Practical Cortisol Estimation From Wearable Heart-Rate Monitoring and Sleep-Related Stress Adjustment***Matsumura Seiji, Ooishi Yuuki, Kashino Makio, Saijo Naoki*

Elite sports and expertise | Emotion | Human factors | Psychophysiology

POSTER**Understanding Thriving in Elite Youth Athletes: An Arts-Based Narrative Inquiry***Beach Emily, Brown Daniel J., Middleton Thierry, Davis Louise*

Talent identification/development | Elite sports and expertise | Youth

POSTER**Rumination in Athletes: A Scoping Review***Michel-Kröhler Alena, Taehtinen Richard E.*

Cognition | Personality

POSTER**Mind Over Muscle: Perceived Pain and Coping Strategies in Elite Athletes Under Physical Exertion***Blecharz Jan, Supernat Katarzyna*

Elite sports and expertise | Emotion | Exercise psychology | Research methods (qualitative & quantitative)

POSTER**Characteristics of the Parent(s)-Coach Relationship: A Qualitative Study in Intensive Training Centers in Team Sports***Breniaux Ruben, Lienhart Noémie, Trouilloud David*

Social psychology | Youth

POSTER**A Motor-Cognitive Signature of Skilled Object Manipulation: Linking Action Structure to Movement Efficiency***Cienfuegos Miguel, Schelenz Henrik, Schack Thomas*

Cognition | Motor control and learning (incl. ecological and dynamic approaches) | Movement | Neuroscience

POSTER**Gender, Type of Sport, and Level of Competition Impact Dual-Career Satisfaction, Stress, and General Well-Being***Vitali Francesca, Calderaro Anna, Bisagno Elisa, Pecchini Alessia*

Transitions in and out of sport/dual career

POSTER**Tilt and Toxic Behaviour in Esports: Associations With Internet Gaming Disorder***Díaz Moreno Adrián, Bonilla Gorrindo Iván, Jurado Zapata Samuel, Chamarro Lusa Andrés*

Emotion | Health | Well-being and quality of life | Esports

POSTER**Motivational Psychological Intervention With "The Giraffe of Canton" to Increase Physical Fitness (Flexibility)***Cantón Enrique, Peris-Delcampo David*

Motivation | Well-being and quality of life

POSTER**Coping Skills and Emotional Regulation of Elite Level Young Fencers**

Papitsi Flora, Georgiadis Emmanouil, Tsolakis Charilaos
 Emotion | Mental skills training

POSTER**Effects of Brain Endurance Training on Muscular Strength and Endurance**

Rautu Alexandru, Ring Christopher
 Cognition | Exercise psychology | Perception & attention | Psychophysiology

POSTER**The Effect of Acute Exercise with Different Cognitive Levels on Working Memory and Cerebral Blood Flow in Adolescents**

Lin Yi-Hsuan, Chuang Tse-Yuan, Hung Tsung-Min
 Cognition | Exercise psychology | Physical activity | Youth

POSTER**Influence of External Factors on the Leadership Style of Football Coaches**

Domuschieva-Rogleva Galina, Vencov Viktor
 Coaching | Group dynamics | Leadership | Social psychology

POSTER**Sex-Related Differences in Aggressiveness Among Competitive Judo Athletes and Age-Matched Untrained Persons**

Krawczyński Marcin, Supiński Jan, Obmiński Zbigniew, Kubacki Rafał, Kalina Roman Maciej, Supińska Marzena
 Personality

POSTER**Immersive Virtual Nature Exposure and Recovery of Decision-Making Performance in Mentally Fatigued Soccer Players**

Kawata Yujiro, Mikajiri Kyohei, Hibi Takeshi, Nakamura Miyuki, Oki Kazusa, Kadoya Haruka, Murofushi Yuka, Ota Tsuneyoshi
 Performance enhancement (doping, neuro-enhancement etc.) | Psychotherapeutic approaches (e.g. psychodynamic, systemic) | Meditation (e.g. mindfulness)

POSTER**Implementing Sport and Exercise Programmes for Female Asylum Seekers in a Refugee Camp**

Filippou Konstantinia, Knappe Florian, Hatzigeorgiadis Antonis, Morres Ioannis D., Gerber Markus, Theodorakis Yannis
 Social and cultural diversity (e.g. migration, ethnicity) | Best practice | Health | Well-being and quality of life

POSTER**Effect of Perfectionistic Climate on Athletes' Emotion and Motivation Outcomes: Mediating Role of Irrational Performance Beliefs**

Yücel Sergen, Sarı İhsan
 Coaching | Leadership | Motivation

POSTER**A Life Skills Program for Cannabis Prevention in Youth Sport**

Manges Theresa
 Developmental/ lifespan perspectives | Pedagogical psychology | Youth

POSTER**Impact of Individual Differences on Receptiveness to Neurofeedback Related to Motor Imagery**

Mubeen Arfa, Glaaser Johanna, Avola Michael, Cox Allison, Kapadia Anjali, Mora Edgar, Odartei Elita, Parsa Keanu, Zamir Yoax, Sonkin Konstantin, DeCouto Brady S.
 Mental skills training | Neuroscience | Perception & attention | Sports psychology and World events (e.g. Covid-19)

POSTER**Sport Leadership Power Perceptions of Football Players in Relation to Big-Five Personality Traits**

Konter Erkut
 Leadership | Personality

11:30 - 13:00**Parallel Sessions****Panel****Exercise Behavior vs. Sport Decisions: An Adversarial Collaboration and Open Discussion on Dual and System Process Models**

Rebar Amanda, Raab Markus, Nieuwenhuys Arne, Chamberland Pier-Eric

Symposium**Mental Health in Youth Elite Sport: A Multilevel Perspective From Athlete Monitoring to System Change**

Örencik Merlin, Kroll Josephine, Åkesdotter Cecilia, Devoto Maximiliano

Symposium**Acceptance and Commitment Therapy and Expressive Art Therapy Practices in Applied Sport Psychology**

Mastino Stefano, Chies Matteo, Moesch Karin, Fang Ho Kiu

Symposium**Navigating the Professional Careers of Women in Sports**

Borrueco Marta, López de Subijana Cristina, Perarnau Marta, Pecchini Alessia, Saarinen Milla

Workshop

From Performance Blocks to Personal Patterns: the Model of Sport-Psychotherapy by Sport and Soul Sport-Psychotherapy Association

Bóna Krisztina, Sárkány Dominik

Workshop

When High Athletic Identity and an Eating Disorder Become Intertwined

Selby Christine

Workshop

Revisiting Context Transferability in Applied Sport Psychology: A Social Assemblage Perspective

Kuo Pei-Ling

Workshop

Enhancing Athletic Performance: An Integrated Framework for Mastering Breath, Muscle Tension, and Mental Imagery

Stavrou Nektarios

Oral Presentations: Sports injury, prevention and rehabilitation

Coping With Post-Surgical Pain in ACL Rehab: A Daily Diary Approach to Understanding Strategy Use, Flexibility, and Pain Dynamics

Werner Tabea, Wessa Michèle, Brewer Britton W., Cornelius Allen E., van Raalte Judy L.

Demonstrating a Holistic Ecological Approach to Injury Prevention and Management in Youth Sport - A Single Case Study

Venzel Nicklas Balle, Møller Merete, Henriksen Kristoffer, Storm Louise Kamuk

The Storied Experiences of Tensions and Sacrifices within the Injured Athlete-Support Person Dyad

Principe Francesca, Kerr Gretchen

A Phase-Based Imagery Intervention to Facilitate Return to Training in Injured Elite Wrestlers

Loes Denisa

Motor-Cognitive Therapy Approaches in Pediatric Upper Extremity Fractures: A Single-Case Pilot Study

Frenkel Marie, Brod Carolin, Gonzales-Blum Inga

Oral Presentations: Violence, Safeguarding

Coaches' Lived Experiences of Psychological Safety as they Support Safeguarding in a High Performance Environment

Guinzbourg Anya, Stirling Ashley

Representing and Elevating Child (Athlete) Voice in the Safe Sport Discourse

Gennings Ellie, Kavanagh Emma

Building Safer Environments in Combat Sports and Martial Arts: a tailored Safeguarding Code

Verhelle Helena, Soares Ramos Falcão Renata, Schyvinck Cleo

Sport as Identity and Psychological Anchor: University Athletes' Experiences of Training and Career Development During War

Yukhymenko-Lescroart Mariya, Voiedilova Olena

Dancers' Experiences of Psychological Harm: Understanding the Dancer-Instructor Relationship

Magrath Jenna, Stirling Ashley

Oral Presentations: Elderly

The Effects of Chronic Cognitive Challenges Exercise on Working Memory in Older Adults

Lo Yu-Ting, Liao Chang-Jing, Deng Yuan-Jun, Chang Chen, Hung Tsung-Min

Longitudinal Effects of Light Exercise in Older Adults: Affective Changes Based on the Circumplex Model

Szabo Attila, Járai Róbert, Tóth Eliza, Ihász Ferenc

Active Lives, Agile Minds: Evaluation of the Movement Inspired by Martial Arts Programme Amongst Women From Diverse Communities

Szekeres Zsofia, Jennings George

The Association between Physical Fitness and Sustained Attention in Older Adults- An Ex-Gaussian Approach

Chang Chen, Deng Yuan-Jun, Chu Chiung-Ling, Liao Chang-Jing, Hung Tsung-Min

Orienteering as a Sport for Healthy Aging

Gröpel Peter

14:45 - 16:15

Parallel Sessions

Panel

Parasport in Winter Sports - Health, Performance, and Decision-Making

Frenkel Marie, Boudreault Véronique, Forster Anna-Lena, Zimanyi Zsuzsanna, Willrett Jürgen

Symposium

Finding the Best Practices to Organize Athlete Education: Insights from the Nordic Model

Saarinen Milla, Linnér Lukas, Mangor Jørgensen Thomas, Syse Waldenstrøm Stein Robin, Kuokkanen Joni, Kamuk Storm Louise

Symposium

Educating Master's Students in Sport and Exercise Psychology - The joys and challenges of three European degree programs

Elbe Anne-Marie, Walter Nadja

Symposium

Conflict in Sport: Regaining Momentum in Research to Drive Practice

Lüdemann Jonas, Wachsmuth Svenja, Paradis Kyle, López-Gajardo Miguel A., Boulter Matt

Workshop

Dynamic Neurocognitive Imagery in Dance and Sport: An Applied Workshop for Performance Enhancement

Franklin Eric, Abraham Amit

Workshop

Designing Holistic Season-long Self-Regulation Training Program

Hu Richard, Iscru Ionut Alexandru, Vance Michael, Mastino Stefano, Latinjak Alexander T.

Workshop

Leading with Cultural Intelligence in Sport

Urgun Deniz, Oliveira Rita de, Borges Mario, Vangeli Eleni

Oral Presentations: Cognition

Latency-Based Measures of Aggression in Sports Coaches

Predoiu Radu, Piotrowski Andrzej, Stănescu Monica, Cosma Germina

Rapid chase or continuous flow of information? Visual-motor processing of head fakes in basketball

Güldenpenning Iris, Schulze Frielinghaus Lars, Böer Nils Tobias, Weigelt Matthias

Relationships Between Motor Imagery, State Anxiety, Selective Attention and Tennis Skill in University Students

Akin Gokce, Odabas İlhan, Yarsuvat Billur, Asci Alper

Acute Effects of Adding Cognitively Engaging Tasks to the Daily Mile on Subsequent Cognition and Enjoyment in Young People

Dunn Anna

The Multilayer Model of Automatization: A Predictive, Adaptive Framework for the Development of Skilled Performance

Müller Hermann, Canal-Bruland Rouwen, Künzell Stefan, Schubert Torsten

Oral Presentations: Motor control and learning

Measuring Anxiety in the Learning of High-Risk Motor Skills: A Methodological Discussion

DeCouto Brady, Higgins Taylor, Fawver Bradley

Eyes don't lie? Qualitative Insights into Scanning Behaviour in Ice Hockey

Bespomoshchnov Vladislav, Mallett Clifford J., Martel Ken, Jordet Geir

Illusory Awareness in Professional Table Tennis Players: A Kinematic Analysis of Consciously Reproduced Stroke Parameters

Jurchis Razvan, Vincze Andrada, Preda Andrei, Caprioli Lucio, Costea Andrei, Opre Adrian

Creativity Requires Time: A Preliminary Study on the Effect of Task Duration on Motor Creativity Assessment in Children

Zinni Annalisa, Hamdi Faten, Bertollo Maurizio, De Fano Antonio

Does Combining Music and Mental Imagery Improve Motor Skill Performance in Sports?

Castellar Fernando, Cavaleri Rocco, Taruffi Liila, Herff Steffen A.

Oral Presentations: Decision making and judgement

The Influence of Affect and Emotions on Judgment and Decision Making in Applied Performance Contexts - A Scoping Review

Knöbel Simon, Twelbeck Olga Imogen, Lautenbach Franziska

Tactical Decision-Making in Soccer: Differences Between Coaches and Players Across Scenario Difficulty

Russo Gabriele, Cecilian Andrea, Verghini Gabriele, Maurizio Aldrovandi, Williams A. Mark, Bigliassi Marcelo

The Impact of Shame on Perceptual Decision Making

Boda-Ujlaky Judit, Török Lilla, Járαι Róbert

Read and React in Flag Football - Development of a Quarterback-Specific Decision-Making Assessment Tool

Finkenzeller Thomas, Hofer Andreas, Amesberger Günter, Wälde Jannic, Haller Simon, Pannicke Björn

The Psychology of Rock Climbing: A Systematic Review

Mangan Kevin, Andrews Kathryn, Miles Brad, Draper Nick

Oral Presentations: Psychophysiology

Mitigating Ironic Errors Under Pressure: Effects of PETTLEP Imagery and HRV Biofeedback on Free-Throw Performance

Görgülü Recep, Sezan İlayda

The Impact of Physiology, Motivation and Pain on Self-Control Strength Performance

Steel Richard, Supple Cassandra, Boat Ruth

Enhancing Emotional Regulation and Decision-Making in a Youth Soccer Player Using HRV Biofeedback and a Go/No-Go Intervention

Yablochnik Royi, Blatt Asaf, Gershgoren Lael

Response Inhibition Under Physical and Emotional Stress

Nieuwenhuys Arne, Page Martin, Nash Sam

Ceremonies and Social Events

Monday, 13 July 2026		
17:30 - 18:00	Opening Ceremony	CRAFT
19:00 - 19:05	FEPSAC 2026 Group Photo	CRAFT
19:05 - 22:00	Welcome Reception	CRAFT
Tuesday, 14 July 2026		
20:00 - 21:00	Science Slam	Convention Center
Wednesday, 15 July 2026		
18:00 - 19:30	FEPSAC General Assembly and FEPSAC Elections	Convention Center
20:00 - 23:00	VIP Party (invited only)	TBD
Thursday, 16 July 2026		
16:30 - 19:30	Social Program	
Friday, 17 July 2026		
18:00 - 19:00	Closing Ceremony	Convention Center
20:00+	Conference Dinner / Party	Congress Hall